

BFL Orienteer

Volume 28 Number 2

April 2007



The Newsletter of the Buffalo Orienteering Club

www.buffalo-orienteeing.bfn.org



2007 Schedule Announced

Mini-Rogaine Set For June 17

The 2007 Buffalo Orienteering Club schedule includes four learn and practice events and seven meets. Beginner instruction is always available.

New for this year is a Mini-Rogaine in the Ellicottville area. Participants can locate many controls placed over a large area. Choose from 90-minute, 3-hour, and 5-hour courses. Also new this year is an updated map for Chestnut Ridge Park.

Volunteers are needed at all events to help with registration, start-finish, and flag pick-up. Contact the meet director for details.

The complete 2007 schedule can be found on page 3.

Map Hikes Available April 26

3 Courses Offered

Map hikes are summer-long orienteering courses that the casual hiker or avid orienteer can complete at their own pace. This year, there will be 25-control courses at Chestnut Ridge Park, Emery Park, and Sardinia County Forest.

Map hike packets can be purchased at all club events, Hyatt's stores, hyatts.com, or by using the order form on page 7.

Officers Elected for 2007

Volunteers Recognized at Annual Meeting

Members present at the annual meeting on January 19 elected Lincoln Blaisdell-president, Phil Wolfling-secretary, and Dave Cady-treasurer. Patty Lyons, Jackie Novkov, Henry Davis, and Gregory Hyatt were elected to at-large positions on the board of directors. See page 4 for more information on the board members.

Jackie Novkov received the President's award at the annual meeting in recognition of her successful efforts to develop a training program for the club.

Greg Hyatt was honored with the Outstanding Service award for his work on the website and for creating a new promotional brochure.

Jim and Justin Acker were named Volunteers of the Year. They helped with registration at nearly every meet last year.

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President's Message

Lincoln Blaisdell

The officers and board of the Buffalo Orienteering Club have been busy in the off-season preparing for the events of 2007 and beyond. I won't review these events as they are detailed in this issue.

The progress on creating maps of new areas for events and updating maps of our old areas is proceeding as planned. We will have an updated map of Chestnut Ridge for this year. The flyovers of new areas have been done and the photogrammatrist is working on the base maps. We are trying to find field checkers for the final step in creating these orienteering maps so that they can be printed and ready to use—some in 2008 and some in 2009.

I would like to make my usual plea for club members to volunteer to help at the meets. Call the meet director for a meet that you plan to attend and sign up to help with registration, start and finish, or flag pick-up. You will help to make the meet director's life much easier, and you will make our club events more successful. We are a small club and we need our members to be involved in helping with the meets as well as participating in them. Finally, please remember to renew your membership if you have not done so already. There is a membership form on page 7.

ROC Schedule Posted

Buffalo and Rochester Orienteering Club members may attend either club's meets at the member rate. The 2007 Rochester schedule can be found on page 5.

The club also has four permanent courses available at various locations, including the west side of Letchworth State Park.

From the Editor

Robert Reeves

I knew I was hooked on orienteering when, on a dismal day last year, I happily offered up legal tender for the privilege of running around in a cold, soaking rain.

This issue features profiles of the board of directors on page 4. What's your orienteering story? Member profiles will be included in future issues. Do you have an idea for an article or feature for this newsletter? Do you have event photos? The BFLOrienteer happily accepts submissions from members. The deadline for inclusion in the summer issue is June 23. Submissions can be sent via e-mail or to the postal address on the back of the newsletter.

When you have finished reading this newsletter, share it! Or, contact me to send a complimentary issue to a friend.

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2007 Buffalo Orienteering Club Schedule

Meet fees are \$4-members, \$8-non-members / Learn & Practice fee is \$2 for map

Date	Location	Event Type / Registration Time	Meet Director
Thursday April 26	Chestnut Ridge Park	Learn & Practice 6:00 pm	Jackie Novkov
Thursday May 3	Chestnut Ridge Park	Learn & Practice 6:00 pm	Jackie Novkov
Sunday May 6	Emery Park	90-Minute Score-O 10:30 - 11:30 am	Greg Hyatt
Thursday May 17	Chestnut Ridge Park	Learn & Practice 6:00 pm	Jackie Novkov
Saturday May 19	Sardinia Forest	3 Course Meet 10:30 - 11:45 am	Charlie Wightman (716) 537-2051 cwytman@verizon.net
Sunday June 17	McCarty Hill Ellicottville Little Rock City	Mini-Rogaine 10:30 - 11:45 am	Jackie Novkov
Tuesday July 10	Chestnut Ridge Park <i>New Map</i>	Sprint Course & 60-Minute Score-O 5:00 - 6:00 pm	Patty Lyons
Saturday September 15	Chestnut Ridge Park	National Orienteering Day / Learn & Practice 11:00 am	Lincoln Blaisdell
Saturday September 22	Chestnut Ridge Park	3 Course Meet 10:30 - 11:45 am	Jackie Novkov
Saturday October 6	Emery Park	3 Course Meet 10:30 - 11:45 am	David Cady
Sunday October 21	Schoellkopf Boy Scout Camp, \$4 for Scouts	3 Course Meet 10:30 - 11:45 am	Phil Wolfling

Learn & Practice - 90-minute training for any experience level

Score-O - Point-based meet with set time limit

3 Course Meet - Featuring Beginner, Intermediate, and Advanced courses

Mini Rogaine - Score-O with choice of 90-minute, 3 hours, or 5 hours courses

Sprint Course - Short course covering a small area

National Orienteering Day - Nationwide event to promote the sport of orienteering

Meet the Board of Directors



Lincoln Blaisdell - President

When a friend introduced Linc to orienteering about six years ago, he was reconnected with nature. From the very first event, he found orienteering to be addicting. Six years later, he still finds it to be very challenging—both physically and mentally. And he still loves it. His goal for the Buffalo Orienteering Club is to expand membership and help others discover the joys of orienteering.



Phil Wolfling - Secretary

Phil began orienteering in 1978. His involvement in the Buffalo club started in 1981, when he helped organize an A-Meet at Camp Schoellkopf. Phil has served as club president and currently heads up the map hike program. He is active in Scouting and has helped many Scouts earn their orienteering merit badge.



Dave Cady - Treasurer

Dave got started in orienteering in 1975 after his mother sent him a newspaper article on the subject. He had always been interested in maps and had a feeling that this activity would be right up his alley. There were no local events at that time. After attending his first meet in Ohio, he returned to co-found the Buffalo Orienteering Club.



Greg Hyatt

Greg came to orienteering in the early 1980's through running. He still enjoys that aspect of the sport 25 years later. He has even been known to miss a control due to running too fast. Greg has represented the club at the West Point A-Meets and the National Championships in Syracuse. He enjoys running a trail wherever he can find it.



Jackie Novkov

Jackie was surprised to learn that orienteering in America is so much less popular than in her native Bulgaria. There, she completed in the sport at school. She would like to get young people involved in the sport here, too, so she focuses her efforts on teaching. Jackie is responsible for the learn and practice program of the club.



Patty Lyons

Patty walks for a living and is always eager to turn in her mailbag for a backpack and compass. Along with her family, she has competed in orienteering events throughout the country. She hopes to encourage more families to take up the sport. Patty would also like to help develop a trail run as a yearly fund raiser for the Club.



Henry Davis

Henry took up orienteering about 9 years ago after getting lost in the woods while on a hike with some friends. He has since found the sport to be appealing on many levels. His goal for the club is to increase participation at meets through greater publicity. He is working with other outdoor organizations to expose the sport to a larger audience.

2007 Rochester Orienteering Club Schedule

Hotline: (585) 377-5650 / Website: roc.us.orienteeing.org

Date	Location	Event Type / Registration Time
Sunday April 1	Camp Eastman	Annual Ice Breaker Meet 12:00 - 2:00 pm
Sunday April 15	Mendon Ponds Park	Regular Meet 6:00 pm
Sunday April 29	Badgerow Park	2 Course Meet plus Sprint 12:00 - 2:00 pm
Saturday May 12	Letchworth State Park	Regular Meet 12:00 - 2:00 pm
Sunday May 27	Irondequoit Bay East	Random-O plus Sprint 12:00 - 2:00 pm
Sunday June 9	Mendon Ponds Park	ADK Outdoor Expo 10:00 am - 4:00 pm
Sunday June 10	Mendon Ponds Park	Adventure Run TBD
Sunday June 24	Cobbs Hill Park	Regular Meet plus Sprint 12:00 - 2:00 pm
Sunday July 15	Letchworth State Park	Mini-Rogaine 11:00 am
Saturday July 28	Black Creek Park	Score-O plus Sprint & White Course 10:00 am
Wednesday August 15	Ellison Park	Score-O plus White Course 6:00 pm
Saturday August 25	Webster Park	Sprint followed by Night-O 6:00 - 7:30 pm
Saturday September 8	Powder Mills Park	Regular Meet 12:00 - 2:00 pm
Saturday September 15	Highland Park	Sprint plus White & Yellow Courses 12:00 - 2:00 pm
Saturday September 29	Dryer Road Park	Regular Meet 12:00 - 2:00 pm

The Language of Orienteering

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Aiming Off - to deliberately aim to one side of a control or feature so that you know which way to turn upon hitting the feature before seeing the control.



aiming off - participant aims to the right of the control to the stream and then heads left to following the stream to the control.

Attack Point - an obvious feature near the control point from which the control can be located by navigating carefully with map and compass.

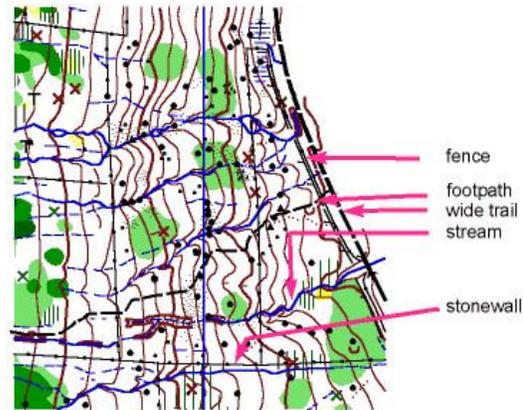
Catching Feature (also called a Collecting Feature or Backstop) - an obvious feature on the map and ground located beyond a control or other sought after feature which indicates that the target feature has been over-shot.

Check Point - an obvious feature on the map or ground which can be used to check that you are keeping to your chosen route.

Control Feature - a natural or man-made feature on or next to which the control is hung.

Folding the Map - used to aid orienteers in concentration on the leg being run, and to facilitate thumbing their position.

Handrail - A linear feature which closely parallels your route and acts as a handrail to the next control.



Basic handrails

Linear Feature - a feature that extends in one direction for some distance e.g., paths, fences, stonewalls, and streams. Used as handrails.

Reentrant - a small valley running down a hillside. A stream cut into a hillside would create a reentrant-type feature. On a map, the contour lines which describe a reentrant point uphill.



Safety Bearing - a compass bearing which, if followed, will bring a lost orienteer to a road or other major, recognizable feature. It maybe added to the control description list as a safety measure.

Safety Whistle - a whistle which can be used if a participant is injured or lost. The International Distress Signal is six short blasts repeated at one minute intervals.

Thumbing - a technique for holding the map, using your thumb to indicate your present location. To do this properly, it is often necessary to fold the map.

Buffalo Orienteering Club Membership Application / Renewal Form

Name _____

Address _____

Phone _____

E-Mail _____

For family memberships list additional family members _____

 New Member Renewal Single \$10 Family \$15

Make check payable to "Buffalo Orienteering Club"
Mail to: David Cady, 148 W Humboldt PKWY, Buffalo, NY 14214

Have You Renewed Your Membership?

Buffalo Orienteering Club Map Hike Order Form

Name _____ Phone _____

Address _____ E-Mail _____

Map Hikes	#	Cost	Total	Maps Only	#	Cost	Total
Chestnut Ridge Park		\$5.50		Chestnut Ridge Park		\$2.50	
Emery Park		\$5.50		Emery Park		\$2.50	
Sardinia Forest		\$5.50		Sardinia Forest		\$2.50	
Total		\$5.50		Total		\$2.50	

Prices include shipping. Quantity discounts apply for orders of over 20 maps. Call Phil at 832-9758 for details.

Make check payable to "Buffalo Orienteering Club"
Mail to: Phil Wolfling 263 Morris AVE, Buffalo, NY 14214

Directions and Map Information

Chestnut Ridge Park - Located on Chestnut Ridge Road (Route 277) in the town of Orchard Park, approximately 2 miles south of the New Armor-Duelles Road.

1:10,000 color map

Sardinia Forest Area (Erie County Bureau of Forestry Reforestation Plantation) - Located on Genesee Road in the town of Sardinia, approximately 4 miles west of Route 16 and approximately 7 miles east of Route 219.

1:15,000 color map

Emery Park - Located on Emery Road in the town of South Wales, approximately 1 mile west of Route 16 near the end of Route 400.

1:10,000 color map

Schoellkopf Boy Scout Camp - Located on Burrough Road in the town of Cowlesville, approximately 1.5 miles south of Route 354 (Clinton) and approximately 3 miles north of Route 20A (Big Tree Road).

1:10,000 color map

McCarty Hill/Ellicottville/Little Rock City - Check the website for exact meet location.

1:20,000 color map

BFLOrienteer

c/o Robert Reeves
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