



# ORIENTEERING NEWS



September-October 1983

THE NEWSLETTER OF THE BUFFALO ORIENTEERING CLUB

vol. 4, no. 5

The Buffalo Orienteering Club is affiliated with the United States Orienteering Federation.

## FALL CALENDAR

- Sept 17 \*\*\* B.O.C. Local Meet at Alpine Rec. Area.
- Sept 18 \* HKF 'B' Meet at King's Forest.
- Sept 25 \* R.O.C. Meet & Clinic at Mendon Ponds.
- Oct 1 \* HKF 'B' Meet at Dundas Valley.
- Oct 2 \*\*\* B.O.C. Local Meet at 3-Valley Campground.
- Oct 9 \* R.O.C. Meet & Clinic at Webster Park.
- Oct 15 \* HKF 'B' Meet at Waterdown.
- Oct 23 \* R.O.C. Meet & Clinic at Camp Cutler.
- Oct 28 \*\*\* B.O.C. Local Night-O Meet at SUNYAB.
- Nov 5 \* HKF 'A' Meet at Hilton Falls.
- Nov 6 \* N.O.C. Indian Summer 'A' Meet.

\*\*\* B.O.C. Local meets are open to everyone. Novice instruction is available. Beginner, Intermediate, and advanced courses are set. Registration is at 10 a.m. and the first start is at 11. (Night-O is, of course, different.) Fees are reasonable, usually \$2-4. For more information see the articles in this newsletter or call the club President, Pat Quinlan, at 692-7592.

\* Most of these nearby meets are within a 1½ hour drive. Sometimes car pools or caravans can be arranged. (HKF is in Hamilton, R.O.C. is the Rochester club, N.O.C. is based in the St. Catharines area.) 'A' meets are large and require advance registration. 'B' meets are smaller and more informal. Both are well organized and have courses for all abilities. For more information on meets in Ontario, call Dave Cady at 886-2969.

At the Rochester meets beginner clinics start at 11 a.m. and the courses close at 4 p.m. For more information, call 225-4442.

Other meets are held throughout the U.S. and Canada. Although the traveling to get there can be tiring, the level of competition and the overall quality of the meets makes the trip worthwhile.

(What sport requires the participants to drive for eight hours in a small car, run in the woods for an hour, eat rubber chicken, sleep fitfully, run another hour in the woods, and then drive eight hours to get home? You guessed it!)

The best source of information about these meets is the official magazine of the United States Orienteering Federation, "Orienteering U.S.A.", which you receive periodically if you belong to U.S.O.F. The next best sources are members of B.O.C. who belong to U.S.O.F. So come to our local meets and meet us.

## FIRST FALL MEET FEATURES FUNNY MAP SCALE

B.O.C.'s first fall meet on September 17 takes us back to the Alpine Recreation which we haven't seen for years. (The funny map scale is 1:7500.)

The map was made in 1978 for a ski-o meet so not much is on it except trails (including quaint one-way arrows) and uncorrected contour lines.

The organizers hope to introduce an element of challenge to this simple map by making the advanced course an exercise in map memory. Don't let it scare you off though because you only have to memorize one short leg at a time. It is wonderful training.

After the meet you'll be able to take advantage of Alpine's amenities including a beach for swimming.

### Details:

Date: September 17, 1983 (Saturday).

Site: Alpine Recreation Area, Orchard Park, N.Y.

Meet Director: David Staszak, 648-7819.

Map: B&W, 1:7500 scale, 10' contours, drawn in 1978.

Courses: Beginner, Intermediate, & Advanced. The advanced course will have a map memory feature.

Fees: It will cost \$2 per person to get into the area. Meet fees will be an additional 25¢ to 50¢ on top of that.

Registration: At the meet site from 10 a.m. - 11 a.m.

Start: First start at 11 a.m.

Location: Alpine Recreation Area is about 3½ miles south of Orchard Park on route 240. It's on the right hand side just after crossing over the Baltimore & Ohio Railroad tracks.

## SECOND FALL MEET FEATURES EVEN FUNNIER MAP SCALE

The second B.O.C. meet this fall will be held at Three Valley Campground whose map has the distinctive scale of 1:12,600. Once again it's a return to an area used in years past.

When the area was mapped in 1978 it was owned by the Boy Scouts and was called Camp Ti-Wa-Ya-Ee. The property was eventually sold to private interests and the name was changed.

Some changes have also been made to the landscape but we think the map is substantially accurate.

By the way, the wierd map scale came about as the result of a lack of communication between the mapmaker and the printer. It was supposed to be 1:15,000 (in fact, the first edition was at that scale) but the original was reduced to the wrong marks. Actually, there are those who think it is easier to use at the larger scale.

(Continued next page....)

## BUFFALO ORIENTEERING CLUB OFFICERS

President: Patrick Quinlan, 1084 Bowen Dr, N.Tonawanda 14120  
 Secretary: Edith Staszak, 3519 Orchard Pk Rd, Orchard Pk 14127  
 Treasurer: David Staszak, 4941 Burlbrook Dr, Hamburg 14075  
 Delegate: Karen Naab, 213 Main Street, Hamburg, NY 14075  
 Delegate: Sharon Schwab, 157 Kenview Ave, Kenmore, NY 14217

## "ORIENTEERING NEWS" STAFF

Editor: David Cady, 52 Ardmore Place, Buffalo, NY 14213  
 Assistant: Barbara Cady  
 "ORIENTEERING NEWS" is published six times each year.

## BUFFALO ORIENTEERING CLUB MEMBERSHIP APPLICATION

Name \_\_\_\_\_ Phone # \_\_\_\_\_  
 Address \_\_\_\_\_

Fees: \$3 Single, \$5 Family. Make check payable to Buffalo Orienteering Club. For family memberships, list the names of your family members. Check one:  New Member,  Renewal.  
 Mail to Buffalo Orienteering Club, c/o David Staszak, 4941 Burlbrook Drive, Hamburg, NY 14075.

Second Fall Meet, continued.

Details:

Date: October 2, 1983

Site: Three Valley Campground.

Meet Director: Pat Quinlan, 692-7592.

Map: B&W, 1:12,500 scale, 10' contours, drawn in April, 1978.

Courses: Beginner, Intermediate, & Advanced.

Fees: It will cost \$1 per adult to get into the area, 50¢ for ages 6 - 17. The meet fee will be 50¢ - \$1 on top of that.

Registration: At the meet site from 10 a.m. to 11 a.m.

Start: First start at 11 a.m.

Location: The camp is located about 2½ miles south of the village of Holland on route 16.

THIRD FALL MEET MAP SCALE  
COMPLETELY IRRELEVANT

It matters little because the map for the night-o on October 28 is the map that's passed out to visitors to the Amherst Campus. It may be the most non-standard orienteering map in the U.S.

The map scale isn't really critical because you can keep track of where you are by which building you're near or which parking lot you're crossing.

Actually, there are some woods on the campus so don't be tempted to leave your flashlight at home. You can't count on mercury vapor illumination over the whole area.

The organizer has promised some refreshments appropriate to the season (Halloween) after the meet. Whether this means cider & donuts or a ghoulish stew remains to be seen.

If you've been curious about night-o, this will be a good meet to try your hand at it.

Details:

Date: October 28, 1983 (Friday evening).

Site: Amherst Campus, State University of New York at Buffalo.

Map: U/B's map of the campus with some field corrections. Scale: ?? No contour lines.

Courses: Probably two. One short, one longer, both easy.

Fees: \$2 non-members, \$1 members, plus (minus?) standard discounts.

Registration: At the site from 6 - 7 p.m.

Start: 7:00 p.m.

Location: From the Youngman Expressway (route 290) take Millersport Highway (route 263) north. Enter the campus at the Coventry entrance.

Directly ahead of you will be an enormous brick building. This is the Alumni Arena. Registration will be in the foyer. Parking is available close by.

NEW SLOGAN SURFACES DOWN UNDER

First there was "Orienteering, the thinking sport", and the British variation, "The thought sport". Then came "Cunning Running" and soon after, "Family Fun & Fitness." The sports bawdier side asserted itself with "Orienteers do it in the woods."

The latest contribution comes from Australia where the current rage is bumper stickers proclaiming, "Orienteers run the country".

RECOMMENDED MEET

If your orienteering has been limited to our local meets but you've been thinking about trying a larger event, you won't want to miss the Indian Summer one-day "A" meet on Sunday, November 6.

It will be held at the Short Hills Provincial Park just outside St. Catharines - an easy 30-45 minute drive from Buffalo. The area is fascinating in its diversity and the map is great: 6 colors, 1:15,000 scale, re-drawn with new areas added this year. There will be seven courses and 28 different classes.

The registration deadline is Tuesday, Nov. 1. (Your fee and entry form have to be in the registrar's hands by then.) There is also a provision for late registration at the meet site for an extra fee. Sawyers will be available at a public school and there will be a social at the de St. Croix's after the meet. The start time on November 5th is 10 a.m. All in all it should be a memorable event - and right in our own backyard!

For information on fees, entry forms, driving directions, IOF symbols, etc., contact either Pat Quinlan at 692-7592 or Dave Cady at 886-2969.

THE THREE CORNERS OF ORIENTEERING

For the competitive orienteer the map and the terrain work together; both are to be interpreted by the individual. It is a very personal task, for one's interpretation is his alone. Based on this interpretation a strategy is decided upon and the runner is then off to negotiate the terrain to the best of his intellectual and fitness capacities. In this then, are the physical and mental components of the sport.

An emotional investment is unquestionably tied into these components as well, for a mistake, a breakdown of the rational process of route choice, causes chaos and is constantly threatening. The sport of orienteering is built on this potential for chaos and one's ability to attend to the heightened anxiety. In orienteering, unlike the country stroll or city jog, the margin of error is very small indeed. Your skill with map reading and physical prowess correct your own mistakes, restoring order from chaos, with the competitive element of time as a final judge of performance. Physical, mental, and emotional investment thus work together to provide the challenge of orienteering.

(Excerpted from an article by Bob Henderson in "Orienteering Ontario", vol.15, no.1.)