

# ORIENTEERING NEWS

May-June 1984

THE NEWSLETTER OF THE BUFFALO ORIENTEERING CLUB

vol.5, no.3

The Buffalo Orienteering Club is affiliated with the United States Orienteering Federation

## CALENDAR

- May 12 (Sat.) B.O.C. Local Meet at Sardinia Forest.
- May 13 HKF "A" Meet at Chedoke near Hamilton, Ont.
- May 27 HKF "B" Meet at Ancaster Creek, Ontario.
- Jun 3 Niagara O.C. "A" Meet at Short Hills, Ont.
- Jun 9 HKF "B" Meet (Sat.) near Hamilton, Ont.
- Jun 23 (Sat.) B.O.C. Training Day at Sardinia.
- Jul 17 (Tues.) International Exhibition Meet at Goat Island.
- Jul 24 (Tues.) B.O.C. Evening Meet at Chestnut Ridge for touring Swedes (and others).

## Details

May 12 B.O.C. Local Meet at Sardinia Forest. Take Rt.219 south from Thruway exit 55. Exit at Genesee Road and go east (left) 7.2 miles to the meet site. Three courses. Master maps. Map is 1:15,000, five colors. Register and start anytime between 11 a.m. and noon. Fee: \$3 for non-members, \$1.50 for members. A fun, relaxing low-pressure event. Informal instruction available. Meet Director: David Cady, 837-3737.

May 13 HKF "A" Meet at Chedoke. Take QEW to 403 through Hamilton. Stay on 403 as it goes through Hamilton and up the escarpment. The first exit at the top is Mohawk Road. Go east on Mohawk. At the first intersection (Upper Horning Road) turn left. Map 1:15,000, five color. 11 a.m. start. Fee: \$4. Register at the meet site from 10-11 a.m. For info, call Mike or Jim Waddington at 416-527-8044.

May 27 HKF "B" Meet at Ancaster Creek. Exit from 403 at "Main West" in Hamilton. Turn left from cloverleaf to go along Main (this is also both routes #2 and #8). Go past McMaster University. When routes #2 and #8 split, look for an O-sign. Map 1:10,000. Register and start between 11:30 and 12:30. Fee \$2.50. Meet Director: Bill Stott, 416-820-7913.

Jun 3 Niagara O.C. "A" Meet at Short Hills. 11 a.m. start. Register between 9:30 - 11 at the meet site. Fee: \$4. Call the organizer, John Yardley, 416-682-2094 for directions.

Jun 9 HKF "B" Meet. No details available at press time. Try calling Pat Quinlan at 692-7592 for information.

Jun 23 (Sat.) B.O.C. Training Day at Sardinia. See article in this issue of the newsletter.

Jul 17 and 24 Events in connection with the Swedish Tour Groups. Watch for complete information in the next newsletter.

## RESULTS

April 15 B.O.C. Meet at Chestnut Ridge. The weather was mostly sunny skies, temperature 60 degrees. A gorgeous day and everyone had a great time.

### ORANGE

Women  
1. Becky Wightman 107:01  
2. Lin Michalczyk 110:00

### Men

1. Ken Margrey 56:48  
2. Ray Graber 61:01  
3. Ron Corsetti 68:27  
4. John Miklasz 70:45  
5. Mark Nigogosyan 77:48  
6. Charles Wightman 99:50  
7. Thomas Wightman 102:43  
8. Franklyn Olmstead 118:30  
9. Julio Visco 118:53  
Al Booth DNF

### WHITE

Women  
1. Beverly Beaudin 40:30  
2. Jane Winters 41:41

### YELLOW

Women  
1. June Bowler 53:05  
2. Jane Winters 69:15  
3. Linda Miklasz 69:54  
4. Jeannette Wightman 77:50

### Men

1. Ken Belote 38:12  
2. Harry Belote 39:52  
3. David Bluet 40:36

### Group

1. Jimerson & Sanderson 42:50  
2. Visco group 69:18  
3. John & Eric Breckline 78:37  
4. Sanderson & Conrad 111:43  
5. Sanderson & Sweet 113:37  
6. Epstein, Enstern, etc 120:22  
Jenny, Christy & Ma DNF

(The Editor apologizes for misspellings.)

## SKI-O AT E.S.G.

After a successful ski-O demonstration event at the 1984 Empire State Winter Games, those officials involved decided that ski-O deserved official status.

During the 1984-85 winter season, there will be six qualifying ski-O meets across New York State. Buffalo, Pochester, Syracuse, Hudson Valley, and Lake Placid will be certain sites; the sixth location most likely will be in Saratoga.

There will be four classes of competition - open men, open women, scholastic men (high school & under), & scholastic women. The winner in each class at each qualifier will automatically go to the games. After them, the rest of the E.S.G. participants will be selected based upon their relative times in the qualifiers. Forty competitors will be selected in each open class and 20 in each scholastic. To be eligible, a racer must attend two qualifying races.

Participants will compete for the official E.S.G. medals. All participants will receive the yellow & blue E.S.G. uniforms and may march in the opening ceremony under the ski-O banner. The competition will be held on the olympic X-country trail system at Lake Placid.

The competition will be part of a complete winter sports festival including figure skating, hockey, skiing, luge, bobsled, ski-jumping, and X-country.

In 1985, the ski-O competition will be open to non-New York State residents. In future years, the competition may be limited to New Yorkers as the sport becomes more popular.

-- Pat Quinlan.

## BUFFALO ORIENTEERING CLUB OFFICERS

President: Mark Wolfling, 36 Garfield, Lancaster 14086 (681-3380)  
Secretary: Pat Quinlan, 1084 Bowen Dr, N.Tonawanda 14120 (692-7592)  
Treasurer: David Staszak, 4941 Burlbrook, Hamburg 14075 (648-7819)  
Delegates: Sharon Schwab and Phil Wolfling.

## "ORIENTEERING NEWS" STAFF

Editor: David Cady, 148 Humboldt Pkwy, Buffalo 14214 (837-3737)  
Assistant: Barbara Cady.  
"ORIENTEERING NEWS" is published six times each year.

## BUFFALO ORIENTEERING CLUB MEMBERSHIP APPLICATION

Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Fees: \$3 Single, \$5 Family. Make check payable to Buffalo Orienteering Club. For family memberships, list the names of your family members. Check one:  New Member,  Renewal.  
Mail to B.O.C. c/o David Staszak, 4941 Burlbrook Drive, Hamburg, NY 14075.

## B.O.C. TRAINING DAY

On Saturday, June 23, B.O.C. will hold a training day at the Sardinia Forest. This event is being scheduled in response to several requests from members for a session where O-skills can be acquired in a relaxed atmosphere, away from competitive pressures.

The training day will be limited to B.O.C. members whose dues are paid up. (But it will be possible to join or pay up on that day.)

The format of the session is still up in the air. It depends in large measure how many members can actually attend. Our hope is that classes can be small and made up of people all at the same level. Therefore, it will be necessary to pre-register by calling Dave Cady at 837-3737. The registration deadline is June 17th but you should call early in case attendance has to be limited to first registered, first served. There will be no fee for attending the training day. In order to get the most out of the session, participants should have had some orienteering experience. The emphasis at the training day will be on navigation rather than physical training.

Both Dave Cady and Pat Quinlan will serve as instructors.

## ORIENTEERING TIPS

(Part 3 of a six-part series.)

### 5. Don't stand still if you're lost and can't work it out.

The Fairy of the Forest might appear and light your way but she never has for me. Retrace your steps if you can. If you can't, decide on a direction -- "If I go east, I must hit that road." -- and move, fast, but keeping your eyes looking for any feature which you might be able to identify on the map. Get to that road as quickly as you can and start again from there. Better to spend a couple of minutes running 400 meters than a quarter of an hour travelling nowhere.

### 6. Don't run on 'feel'.

Keep your map set, always, even on a track. And in the forest always run on the compass, however roughly. It's horribly easy to drift, to one side or the other, without realising it and come out on the wrong path, even one at 90 degrees to the one you were aiming for.

(By John Knight, reprinted from CompassSport magazine.)

## MAP NEWS & VIEWS

Confession: What first attracted me to orienteering wasn't the forest or the physical exercise, it was the maps. --Dave Cady.

Note: "Map News & Views" will be an occasional column about maps of all kinds for people who, like me, like maps.

### Erie County Road Map

The Erie County Public Works Department has available a map of the county showing all of the roads, all of the parks and forests, most of the creeks and streams, and many other details as well. It comes as a folded 22½ x 27¼ sheet at a scale of approximately two miles to the inch (1:73,360).

The map is very colorful - each town is shown in a color in contrast to the surrounding towns. (Quick: What's the minimum number of colors that would be needed?) The style of lettering that's used to label features is your basic engineering typestyle. It's unimaginative but functional. The quality of printing is high and the paper stock is very good.

A quibbler would complain about the way expressways such as the Thruway, Rt.400 and the new 219 are depicted. Exits are not clearly shown or labeled. The Lockport Expressway is shown as "proposed" which is understandable since the map was issued in 1982. The Town and Village roads could have been drawn better. They are drawn with a thin black line which makes them easy to miss compared to the thicker red and black county and state highways.

But these are only minor deficiencies. All things considered, it's a map you should definitely add to your collection.

Here's how to get one: If you go in person to the County Highway Department on the 14th floor of the Rath County Office Building, they are available from the receptionist. The first one is free and each additional one is 65¢. (Don't try to get a lot of free ones by going in and out of the door several times. The receptionist will not be amused.) The office hours are 8:30 - 5. If you'd like to get a map by mail, send a self-addressed standard large size business envelope (9½ x 4½) with 37¢ worth of postage on it to: Erie County Division of Highways, 95 Franklin Street, Buffalo, NY 14202.

You'll never again have an excuse for getting lost on the way to a local O-meet.

-- DRC.

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NOTE THE CHANGE IN TIME OF DAY FOR REGISTRATION AT THE MAY 12 MEET. IT'S NOW 11 A.M. - NOON. SEE YOU THERE!

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