

BUFFALO ORIENTEERING NEWS

February 1987

"Cunning Running"

vol.8, no.2

SUMMER GAMES SAY "NO" TO "O"

Orienteering will not be a part of the Empire State Games this summer in Syracuse. At a meeting last fall the games organizers decided not to add any new sports to the existing roster.

A spokesman cited the lack of space to house the competitors in Syracuse and a tight budget as the two reasons for not expanding the games. The merits of orienteering and its popularity were not factors in the decision.

An application from a group requesting equestrian events was also turned down.

The organizer's decision to stand pat applies only to 1987. The possibility still exists that orienteering could become a part of the Empire State Games at some point in the future.

Meanwhile, the Syracuse O' Club is planning to go ahead with their already sanctioned "A" meet this summer. In addition, the meet is being billed as the "New York State Championships."

MEET REPORT: BUFFALO SKI-0, 1/17/87

by Pat Quinlan

Conditions: sunny, 25° F, hard packed ice & granular snow with ruts & a few bare spots with a light dusting of new snow.

With no snow on the ground for miles around, the skiers were generally amazed with the amount of snow at the site. The 45° on Wednesday had turned the trails to slush but now they had hardened up.

Tom Hay and Mark Dominie continued their duel from last season but they had to settle for second and third as Mike Kolhas charged into first. Spectators got a chance to see Mike's winning form as he hurtled down a steep icy slope and jumped the sanded road at the bottom (sort of a "nordic combined").

Jim Pugh from Pittsburgh lost some time on the course chasing his dogs who had their own ideas of route choice. Linda Michalczak, a member of the 1985 U.S. Ski-0 Team, is regaining her form after nagging health problems. She provided a challenge to Peggy Dickinson who finally finished in first by eight minutes.

In the Scholastic Women class, the Brooks sisters were surprised by newcomer Michelle Kuipers of Letchworth Central School

O-VIDEO TO HIGHLIGHT B.O.C. ANNUAL MEETING

The Buffalo Orienteering Club's one and only business meeting of the year will be held on Tuesday, February 17 at 7:30 p.m. at the home of David and Barbara Cady.

A highlight of the meeting will be the screening of the video tape of the 1985 World Orienteering Championships which was held in Australia. The tape starts with an intro to O' and then goes on to cover the competition in the W.O.C. Ever wonder how O' would look on TV? Here's your chance to find out.

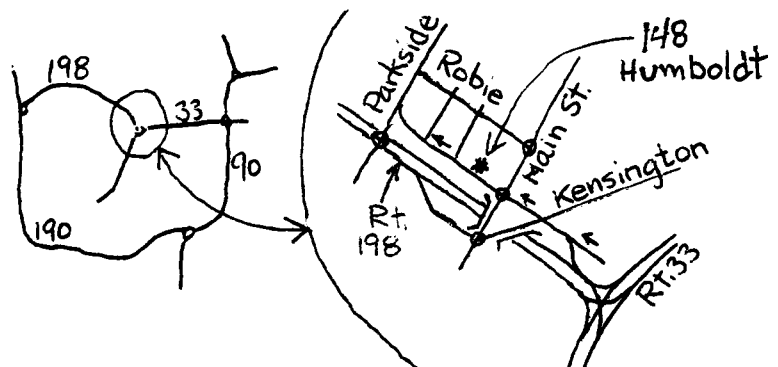
The rest of the agenda includes election of officers; setting dates for spring, summer, and fall meets; the exciting and tension-filled Treasurer's Report; discussion of mapping plans; and whatever else those in attendance wish to discuss.

Comestibles and potables will include beer, pop, and chips. If your tastes tend in other directions feel free to B.Y.O. Call 837-3737 a day or so before to let the Cadys know you'll be coming. That way you can be assured of having something to sit on.

The Cadys live at 148 Humboldt Parkway which is in Buffalo near Sister's Hospital and Delaware Park. To get there if you are headed westbound on Rt.33, exit at Rt.198 and then exit from Rt. 198 right away at "Main Street". Continue straight ahead across Main at the light. #148 is the 6th house on the right in the first block.

If you are headed eastbound on Rt. 198 (the Scjacquada Expressway), exit at Main Street. Turn left at the light onto Main and then immediately turn left onto Humboldt. #148 is the 6th house on the right.

HOW TO GET TO THE ANNUAL MEETING



CALENDAR

"O" IS FOR...

FEB 7 Ski-O at Greek Peak X-C Ski Area, Cortland, NY. Organized by the Syracuse OC. Start 10 a.m. Entry fee \$1 (plus trail fee). Meet Director: Mark Dominie 607-849-3101.

FEB 17 (Tuesday) Buffalo OC Annual Meeting. 7:30 p.m. at the Cadys, 148 Humboldt Parkway in Buffalo. Following the business meeting a videotape of the 1985 World Orienteering Championships will be shown. For more details, see article on page one.

FEB 27 Empire State Games Opening Ceremonies, 8 p.m., Lake Placid Olympic Arena, Lake Placid, New York.

MAR 1 (Sunday) Empire State Games Ski-O finals at Mt. Van Hoevenburg, Lake Placid, NY. Start 9 a.m. By invitation only. Skiers should check conditions three days before race. Meet Director: Pat Quinlan, 716-692-7592.

RECIPE FOR AN A-MEET

by Bill Jameson

- 45 lbs. maps (with cases)
 - 2200 aluminum staples
 - 700 maps/map cases/clue sheets/score cards, etc.
 - 1 forest
 - 110 control markers
 - 120 punches
 - 800 lbs. water
 - 2 on-site computers
 - 1 portable generator
 - 600 person-hours
 - 1300 meters of streamers (700 for string-O courses)
 - 1 mountain bike
 - 700 index cards
 - 340 meet packets
 - 1 IBM computer with Hewlett Packard plotter
 - 2 cans bug repellent
 - 3 tents
 - 4 "comfort castles"
- (from ONA)

The following is dedicated to all orienteers with little children.

- A is for "A" meets, the biggest and best.
- B is for the Blue course, the ultimate test.
- C is for compass, contour, and control.
- D is for depression, in the ground it's a hole.
- E is for entry fee, it gets higher each season.
- F is for fight, avoid with good reason.
- G is for gully, it's usually dry.
- H is for handrail, find one and fly.
- I is for intermittent, sometimes there and sometimes not.
- J is for junction, an easily identified spot
- K is for knoll, on the map it's a dot.
- L is for lost, which we hope you are not.
- M is for map, the key to this sport.
- N is for north (magnetic of course).
- O is for orienteering, it's fun for all.
- P is for punch, it's at the control.
- Q is for the queer outfits we wear.
- R is for re-entrant, some controls are put there.
- S is for Sweden, the birthplace of O'.
- T is for triangle, ready - set - go!
- U is for uncrossable marsh (stay away!)
- V is for victory, "Congratulations", we'll say.
- W is for wayfaring, easy and fun.
- X as is exercise, you're sure to get some.
- Y is for yellow, on the map it's a clearing.
- Z as in azimuth, another way to say bearing.

--David Cady

BUFFALO ORIENTEERING CLUB OFFICERS

President: Mark Wolfling (681-3380)
 Secretary: Pat Quinlan (692-7592)
 Treasurer: David Staszak (648-7819)
 Delegates: Sharon Schwab & Ken Margrey

"BUFFALO ORIENTEERING NEWS" STAFF

Editor: David R. Cady
 Assistant: Barbara A. Cady
 "BUFFALO ORIENTEERING NEWS" is published six times per year.

LITTLE TROLL PROGRAM

Linda Kohn, USOF's Youth Committee Chairperson, has announced a new program designed to enable kids to earn a patch for taking part in five non-competitive "Little Troll" courses. The committee hopes to have a youth course at every "A" meet and is asking local clubs to have a similar course at every regional and local event. The guidelines for these courses are:

- § Events are not timed.
- § No results are posted.
- § Lists of participants can be posted and published.
- § Children must be supervised at all times.
- § Verbal directions for the children, written directions for the supervising adult.

- § Children should be made aware of the limits of the area that they are to remain in.
- § Every attempt should be made to make the event as success oriented as possible; however, completion of any part of the course should be considered a success.
- § Courses must be clearly marked, and away from hazardous or wet areas, and away from the routes of runners competing.
- § The cost should be kept to a minimum.

If you have any ideas that can be included in this program, write Linda Kohn at 874 Edgemere Drive, Rochester, NY 14612 or call her at home: (716) 865-2161.

(From the USOF pages in ONA.)

RESULTS: BUFFALO SKI-O ESG QUALIFIER

<u>MEN OPEN, 10.5 km</u>		<u>WOMEN OPEN, 9.1 km</u>		<u>NON-ESG MEN, 7.1 km</u>	
1. Mike Kolhas	61:24	1. Peggy Dickinson	101:50	1. Charles Wightman	92:33
2. Tom Hay	62:45	2. Linda Michalczak	109:27	2. Tom Wightman	120:10
3. Mark Dominie	62:50	3. Lucille Quinlan	127:00		
4. Gord Hunter	76:44	4. Denise Everitt	140:19	<u>NON-ESG WOMEN, 7.1 km</u>	
5. Peter Dady	80:21	5. Karen Wood	140:25	1. Betsy Kozuchowski	119:13
6. Eric Buckley	82:18	6. Kathy Bannister	145:28	2. Arlow Group	129:35
7. Jim Pugh	83:03	7. Lucille Pleban	165:32	3. Sara Caroll	131:38
8. Scott Pleban	91:41	Edie Staszak	DNF	Becky Wightman	DNF
9. Mike Spak	102:23	Carol Beardsley	DNF	Jeannette Wightman	DNF
10. Simon Caroll	107:32				
11. Tom Moran	108:10	<u>MEN SCHOLASTIC, 7.1 km</u>		<u>NOVICE, 2 km</u>	
12. David Valvo	109:35	1. Ben Tipton	50:46	1. Kolhas Group	111:44
13. David Mave	112:47	2. John Krause	121:06		
14. Robert Thompson	116:32				
15. Larry Pederson	121:22	<u>WOMEN SCHOLASTIC, 7.1 km</u>			
16. Bert Spaeth	132:57	1. Michelle Kuipers	66:45		
17. Shawn Forney	133:07	2. Kimberly Brooks	93:34		
18. Tom Brown	136:48	3. Jennifer Brooks	99:28		
19. Don Wood	142:48	4. Chris Valvo	111:35		
20. Daniel Moltrip	155:10	5. Kathleen Sweeney	116:58		
21. Michael Haravitch	175:48	6. Becky Tipton	132:10		
Mark Thil	DNF				

RESULTS: ROCHESTER SKI-O ESG QUALIFIER

<u>MEN OPEN,</u>		<u>MEN OPEN, cont'd</u>		<u>WOMEN OPEN</u>	
1. Mark Dominie	65:42	13. Dave Valvo	135:14	1. Peggy Dickinson	85:13
2. Tom Hay	67:07	14. Shawn Forney	137:36	2. Denise Everett	92:02
3. Gord Hunter	70:45	15. Bert Spaeth	163:30	3. Lucille Quinlan	104:00
4. Peter Dady	80:51			4. Janet Nugent	138:58
5. Tom Moran	86:25	<u>MEN SCHOLASTIC</u>		Kathleen Bannister	DNF
6. Kevin Howells	88:02	1. Carl Fey	64:54		
7. Larry Pederson	115:08	2. Mike Foley	96:45	<u>RECREATIONAL</u>	
8. Scott Pleban	117:29			1. Dave Marrier	73:16
9. Bob Fitzgerald	120:07	<u>WOMEN SCHOLASTIC</u>		2. Dave Ireland	74:40
10. George Nadorff	120:58	1. Michelle Kuipers	87:35	3. George Lockwood	79:49
11. Pat Quinlan	121:45	2. Kathleen Sweeney	116:45	4. Dave McDougall	123:54
12. Robert Ireland	122:11	3. Chris Valvo	125:00	5. Lavine group	144:42

You are invited to join either the Buffalo Orienteering Club alone or both the B.O.C. and the United States Orienteering Federation. B.O.C. membership brings this newsletter six times a year with information about local O-activities. You also receive discounts at local meets. U.S.O.F. membership includes ten issues of the informative magazine ORIENTEERING NORTH AMERICA, discounts at nationally sanctioned meets. By joining either or both organizations you'll be able to influence the development and growth of orienteering.

BUFFALO ORIENTEERING CLUB MEMBERSHIP APPLICATION

Name _____ Check one: New Member, Renewal.

Address _____ Fees: \$5 Family, \$3 Individual.

_____ Make check payable to "Buffalo Orienteering Club" and mail to Barbara Cady, Membership Director, 148 Humboldt Pkwy, Buffalo, NY 14214
Phone # _____ Date _____

UNITED STATES ORIENTEERING FEDERATION MEMBERSHIP APPLICATION

Date _____ Year Born _____ The following membership categories are for members of chartered clubs. (Other categories are available.)

Name _____ Club name: _____
Address _____ Junior \$2 (18 or under, non-voting, no magazine. Individual \$15 Family \$20 Lifetime \$250
_____ Student \$6 (21 or under).

Home Phone _____

If family membership, list additional persons & year born _____

Make check payable to U.S.O.F. & mail to P.O. Box 1444, Forest Park, GA 30051.

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148 Humboldt Parkway
Buffalo, NY 14214