March-April 1987

"FAMILY FUN AND FITNESS"

### ANNUAL MEETING REPORT

The Buffalo Orienteering Club's annual meeting was held on Tuesday, February 17th. Ten members gathered around the Cady's dining room table to discuss the year ahead.

They were:

Dave Cady Pat Quinlan Bruce Hanson Mike Rickert Harry Belote Dave Staszak Tom Kachelmeyer Mark Wolfling Tim Lynch Flo Wolfling

The meeting began with a Treasurer's Report by Dave Staszak which is reprinted elsewhere in this newsletter. The bottom line was a gain of \$198.13 from receipts of \$602.58 and expenses of \$404.45. The total cash on hand is \$1520.18.

Pat Quinlan gave a Secretary's Report in which he displayed the USOF Binder and described its contents. He also explained the club's insurance situation which everyone agreed was more complicated than it ought to be. While he had the floor he also mentioned Ski-O and pointed to the strength of the New Yorkers in the rankings. He casually dropped the bombshell that next year the Empire State Winter Games Ski-O competition would probably be limited to New Yorkers.

There wasn't much drama to the election of officers. Mark, Pat, Dave, and Ken were returned to their posts. Tom Kachelmeyer was elected to the post of Delegate to replace Sharon Schwab.

Activities for the upcoming year were discussed. It was decided to look into the possibility of mapping Losson Park in Cheektowaga. The mapping would be contingent on getting an OK to establish a trim-O course there.

It was further decided to change the format of the club's meets this year as an experiment. The emphasis will be on learning new skills rather than on competitiveness.

The spring dates were set as follows:

Sat., April 4, Three-Valley,

Sat., May 16, Chestnut Ridge,

Sun., June 14, Sardinia.

Summer and fall dates will be set at some time in the future.

Following the business meeting, those in attendance watched an hour-long videotape

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# MEET DIRECTOR'S REPORT: 1987 ESG SKI-0

by Pat Quinlan

In terms of numbers of competitors, the 1987 ESG Ski-O has to be deemed a success. Attendance at the qualifiers totaled 258 with 65 open men competing for the 40 positions available. The scholastic women's division was also full with 20 skiers. All the competitions were close except in the women's open division. We need more skiers in this division.

In terms of weather, we have had better years. There was plenty of snow on the ground (about 3 feet) but we also had plenty of sleet, freezing rain, snow pellets, and just plain rain. Saturday's training weather was ideal but Sunday was bad.

We operated out of the Biathlon stadium this year and it proved to be a good location. We had a large indoor area with plenty of protection from the elements.

Our Western New York skiers did well. Tom Hay of Youngstown came in first and Mike Kohlhas of Glenwood finished second in the men's open division. Michelle Kuipers of Gainesville finished third in the scholastic women's group.

Next year maybe a Western New York woman will place in the women's open event while Ben and Becky Tipton of Boston, NY may place in their scholastic divisions.

### NATIONAL NEWS

The month of April will be a busy time for orienteers in the east. On each weekend a two-day "A" meet is scheduled within easy driving distance. Here's the list:

Apr 4-5, Great Falls, VA (near Wash.D.C.)

Apr 11-12, "Troll Cup" (so. of Boston)

Apr 18-19, West Point (no. of NYC)

Apr 25-26, "Legend of Sleepy Hollow" (also no. of NYC).

"A" meets always have courses and categories for all ages and ability levels. Also, they count towards a national ranking for competitors in all age groups. Accomodation options usually include a local campground. At West Point, if you want to cut costs, a barracks will be available to competitors. (Also, it's a chance to see your tax dollars at work.)

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#### COMMENT

by Tom Kachelmeyer

My wife Laura and I began orienteering about 3½ years ago, joining B.O.C. in the fall of 1984. It did not take long for us to realize what a member intensive activity this sport is.

Many clubs and organizations can exist in quite a successful manner with a relative few running the show. This is not the case with orienteering, where active participation of a high percentage of the members is a necessity for a healthy club.

The energy expended in putting together even a small, well-run local meet is considerable if the burden (and enjoyment) is left to only one or two members. The work 'that goes into meet organization however pales when compared to mapping projects. A great number of hours go into creating maps suitable for orienteering and rightfully so; for even though time consuming, mapping is perhaps the single most important factor to a club's vitality and growth. More maps mean greater variety and hopefully more meets, which should induce a larger number of people to stay active in our club. Members should not lose sight of the fact that any effort put forth in helping out at meets or with mapping projects pays dividends not only to the club, but also to oneself in improved orienteering skills.

Increased member participation is important to our club, which is why it was encouraging to note the presence of some new members at our annual meeting. If willing to assist in club activities please do not hesitate to contact a B.O.C. officer; your help will be a boost not only to our local group but to the sport in general.

### ANNUAL, (continued from page 1)

of the 1985 World Orienteering Championships which were held in Australia. Although the tape was interesting, it tended to reinforce the view that orienteering is a participant's sport rather than a spectator's sport.

### POINT OF VIEW

The orienteer must not try to remember all the information on the map along his route choice; much of which will be useless. Instead, he must discard all the information which isn't essential, which will allow him to store more about the route as a whole. He should concentrate on remembering the obvious and easily discernible features (support points, attack points, or points at which to stop and check the map). Features such as a green thicket in a white part of the map, a sharply contoured hill in otherwise bland terrain, a group of boulders, a clearing ...

This specially filtered perception of the real world is the essence of good orienteering, which consists of an individual using past experiences and a symbolic representation of his environment to interpret that environment. (From J.M. Roumanie's La Course D'Orientation, translated by Heather Williams.)

### TREASURER'S REPORT

|        |                         | 12/31/85       | 12/31/86   |
|--------|-------------------------|----------------|------------|
| CASH I | BALANCES:               |                |            |
|        | CHECKING                | 61.64          | 329.14     |
|        | SAVINGS                 | 1,260.41       | 1,191.04   |
|        | TOTAL                   | \$1,322.05     | \$1,520.18 |
| INCOM  | E/EXPENSE               |                |            |
| RECEI  | PTS:<br>.MEMBERSHIP.T-S | HTRTS \$421.33 | \$542.00   |

# MEETS, MEMBERSHIP, T-SHIRIS \$421.33 \$342.00 INTEREST 69.48 60.58 TOTAL RECEIPTS \$490.81 \$602.58

| EXPENSES:                 |          |          |
|---------------------------|----------|----------|
| NEWSLETTER                | \$190.51 | \$166.48 |
| 2000 CHESTNUT RIDGE MAPS  | 320.69   |          |
| CHESTNUT RIDGE MAP PREP   | 59.46    |          |
| AWARDS & RIBBONS          |          | 67.50    |
| THREE VALLEY MAP PRINTING |          | 74.52    |
| MISC SUPPLIES             | 114.46   | 15.95    |
| REGISTRATION & INSURANCE  | 44.00    | 80.00    |
|                           |          |          |

| TOTAL  | EXPENSE      | \$729.12   | \$404.45 |
|--------|--------------|------------|----------|
| SURPLI | US/(DEFICIT) | (\$238.31) | \$198.13 |

# BUFFALO ORIENTEERING CLUB OFFICERS

President: Mark Wolfling (681-3380)
Secretary: Pat Quinlan (692-7592)
Treasurer: Dave Staszak (648-7819)
Delegates: Ken Margrey & Tom Kachelmeyer

Editor: David R. Cady
Assistant: Barbara A. Cady
"BUFFALO ORIENTEERING NEWS" is
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"BUFFALO ORIENTEERING NEWS" STAFF

# RESULTS 1987 EMPIRE STATE GAMES SKI-O

|                                      |        | <del></del>                         |
|--------------------------------------|--------|-------------------------------------|
| MEN's OPEN, 13KM                     |        | WOMEN's OPEN, 9.2KM                 |
| 1. Tom Hay                           | 57:28  | 1. Sharon Crawford 52:25            |
| 2. Mike Kohlhas                      | 59:18  | 2. Laurie Collinsworth 67:13        |
| <ol><li>Carl Childs</li></ol>        | 65:51  | 3. Sara Mae Berman 68:22            |
| 4. Steve Dentino                     | 68:20  | 4. Vivien Benning 78:55             |
| 5. Mark Dominie                      | 68:22  | 5. Judy Dickinson 79:24             |
| 6. Peter Dady                        | 72:05  | 6. Sally Williams 79:35             |
| 7. Larry Berman                      | 75:10  | 7. Linda Michalczak 84:44           |
| 8. Patrick Dunlavey                  | 76:55  | 8. Kathy Schonenberg 94:17          |
| 9. Tim Parson                        | 82:12  | 9. Barbara Sleight 99:42            |
| 10. Alan Oprsal                      | 83:47  | 10. Sheryl Lehman 122:38            |
| 11. Rich Kelly                       | 86:32  | 10. Shelyl Lehman 122:56            |
| 12. Aims Coney                       | 88:27  | WOMEN's SCHOLASTIC, 8KM             |
| 13. Rob Freeberg                     | 88:31  |                                     |
| 14. Ted Hicks                        | 89:31  |                                     |
| 15. George Nadorff                   |        | 2. Merilee Temple 57:13             |
|                                      | 90:35  | 3. Michelle Kuipers 83:42           |
| 16. Robert Thompson                  | 91:06  | 4. Kimberly Brooks 91:34            |
| 17. Mike Fritz                       | 92:36  | 5. Jennifer Brooks 92:48            |
| 18. Bill Jameson                     | 92:49  | 6. Margaret Curran 94:56            |
| 19. Cliff Brosnan                    | 93:27  | 7. Karen Edwards 100:58             |
| 20. Mitch Collinswort                |        | 8. Janis Kohler 103:22              |
| 21. Steve Tall                       | 94:35  | 9. Kathleen Sweeney 105:16          |
| 22. Gord Hunter                      | 97:51  | 10. Ingjerd Almås 106:54            |
| 23. Tom Moran                        | 98:33  | ll. Kristian Lust 106:56            |
| 24. Scott Pleban                     | 101:28 | 12. Malin Bengtsson 109:29          |
| <ol><li>Rick Worner</li></ol>        | 102:16 | 13. Mitzi Johnson 109:37            |
| 26. Bert Spaeth                      | 103:13 | 14. Michelle Lauritzen 137:32       |
| <ol><li>Eric Buckley</li></ol>       | 104:45 | <pre>15. Becky Tipton 137:38</pre>  |
| 28. Fred Sammel                      | 105:29 | 16. Chris Valvo 139:01              |
| 29. David Mave                       | 111:19 | 17. Karen Temple 149:34             |
| 30. Ed Hicks                         | 114:55 | 18. Jennifer Loomis 192:33          |
| 31. Michael Olsen                    | 114:59 | Mary Beth Lapoit DNF                |
| <ol><li>32. Larry Pedersen</li></ol> | 117:06 |                                     |
| <ol><li>33. Bill Shannon</li></ol>   | 118:09 | MEN's SCHOLASTIC, 9 KM              |
| <ol><li>34. Michael Spak</li></ol>   | 119:18 | 1. Carl Fey 47:14                   |
| 35. Shawn Forney                     | 128:25 | <ol><li>Brian Welch 48:49</li></ol> |
| <ol><li>36. Burton Ryan</li></ol>    | 131:49 | 3. Patrick Johnson 49:57            |
| 37. Patrick Lafferty                 | 131:54 | 4. Tom Chambers 51:13               |
| 38. John Traks                       | 138:08 | 5. Ben Tipton 52:12                 |
| 39. Ken Meyer                        | 169:10 | 6. Barry DeLong 59:34               |
| 40. David Valvo                      | 207:45 | 7. Aaron Gagné 72:51                |
| Patrick Walsh                        | DNF    | 8. Daniel Meyer 82:40               |
|                                      |        | 9. Peter Welch 82:43                |
|                                      |        | 10. Eric Kohler 114:05              |
|                                      |        | 11. Mike Foley 132:18               |
|                                      |        | 12. Michael Durovic 169:10          |
|                                      |        | Mel Chiarenza DNF                   |
|                                      |        | Scott Dyer DNF                      |
|                                      |        |                                     |

# NATIONAL, (continued from page 1)

The events are well organized and usually draw hundreds of people from throughout the region.

Detailed information and/or entry forms are available by sending a S.A.S.E. to the addresses below:

Great Falls - Sid Sachs, 6212 Thomas Drive, Springfield, VA 22150.

Troll Cup - Ron Margolin, 251 Crafts St., Newtonville, MA 02160.

West Point - CPT Bob Levoit, Dept G&CS, West Point, NY 10996.

"Legend of..."- Paul Bennett, 182 Tuxedo Pkwy, Newark, NJ 07106.

Dave Cady from the B.O.C. is planning to go to the Great Falls and West Point meets. Feel free to call him at 837-3737 if you have any questions about what it's like to go to an "A" meet.

## CALENDAR

APR 4 (Sat.) B.O.C. Local Event at Three
Valley Campground. Score-O format
with additional opportunities for improving
skills. Mass start at 10:00 a.m. Three
Valley is south of the village of Holland on
Rt. 16. Meet Director: Pat Quinlan. An
excellent chance for newcomers to learn the
basics of orienteering. Info: 692-7592.

APR 12 (Sun.) Hamilton King's Foresters "B"
Meet. Hamilton, Ontario. Contact
Bob Henderson, 416-627-9772.

APR 26 (Sun.) Gator Gallop 2-person Team
"B" Meet at Corwin. Organized by
Guelph Gators. Contact: Marg & Brian Ellis,
519-821-9228.

MAY 16 (Sat.) B.O.C. Local Event at Chestnut Ridge Park. 11 a.m. start time. Meet Director: Dave Staszak, 648-7819.

MAY 24 (Sun.) Hamilton King's Foresters "B" Meet. Contact Russ Evans, 416-547-7162.

JUN 14 (Sun.) B.O.C. Local Event at Sardinia Forest. 11 a.m. Start time.

Meet Director: Dave Cady, 837-3737.

JUN 21 (Sun.) Father's Day "B" Meet; Hamilton, Ontario. Contact Barb Pearson, 416-388-8894.

In addition to the above meets, a full schedule of events will take place in the Toronto area, the Rochester area, and in other parts of the U.S. and Canada. For more specifics, contact Pat Quinlan at 692-7592 or Dave Cady at 837-3737.

## LOOKING AHEAD

Will there be a club picnic this summer? Hold the weekend of Aug 1-2 for an "A" meet in Syracuse.

The U.S. Championships will be within a one day drive from Buffalo this fall. The date is Oct 10-11 and the location is Rhode Island.

You are invited to join either the Buffalo Orienteering Club alone or both the B.O.C. and the United States Orienteering Federation. B.O.C. membership brings this newsletter six times a year with information about local O-activities. You also receive discounts at local meets. U.S.O.F. membership includes ten issues of the informative magazine ORIEN-TEERING NORTH AMERICA & discounts at nationally sanctioned meets. By joining either or both organizations you'll be able to influence the development and growth of orienteering.

|             | BUFFALO ORIENTEERI                     | NG CLUB MEMBERSHIP APPLICATION  |
|-------------|--|---|
| Name        | ······································ | Check one: [] New Member, [] Renewal.   |
| Address     |  | Fees: \$5 Family, \$3 Individual.   |
| Phone #     | Date                                   | Make check payable to "Buffalo Orienteering Club" and mail to Barbara Cady, Membership Director, 148 Humboldt Pkwy, Buffalo, NY 1421                                  |
| U           | NITED STATES ORIENTEERI                | NG FEDERATION MEMBERSHIP APPLICATION  |
| NameAddress | Year Born                              | The following membership categories are for members of chartered clubs. (Other categories are available.)  Club name: By AC.  [] Junior \$2 (18 or [] Individual \$15 |
|             |  | under, non-voting, [] Family \$20 no magazine. [] Lifetime \$250 [] Student \$6 (21 or under).  |
| •           | sons & year born                       | ail to P.O. Box 1444, Forest Park, GA 30051.  |

BUFFALO ORIENTEERING NEWS c/o David R. Cady, Editor 148 Humboldt Parkway Buffalo, NY 14214