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# Orienteering NEWS

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From the BUFFALO ORIENTEERING CLUB

November 1988

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## SKI-ORIENTEERING SCHEDULE

Pat Quinlan, B.O.C. Ski-O Coordinator, has announced the following dates for ski-O in New York State:

- Jan 14 - B.O.C. - Three Valley Campground - 10 a.m. start - \$4 fee + trail fee - Info: Pat Quinlan, 692-7592.
- Jan 15 - R.O.C. - Webster Park - 10 a.m. start - \$4 fee - Info: Rick Worner, 716-865-2161.
- Jan 21 - S.O.C. - Black Star Touring Center (near Syracuse) - Info: Linda Klein, 607-756-4919.
- Jan 22 - S.O.C. - Dusenberry/Yellow Barn Area (Ithaca) - Info: Mitch Collinsworth, 607-539-6625.
- Feb 4 - H.V.O. - James Baird State Park (Poughkeepsie) - Info: Jon Nash, 914-941-0896.
- Feb 5 - H.V.O. - Saratoga State Park - Info: Bill Jameson, 518-877-8861.
- Mar 4 - Empire State Games Ski-O Final at Lake Placid - Info: Mark Dominie, 607-849-3101.

## CONGRATULATIONS TO OUR "LITTLE TROLLS"

Two of the younger members of the Buffalo Orienteering Club recently fulfilled all of the requirements of the United States Orienteering Federation's "Little Troll" program.

Ben Cady and Jared Kachelmeyer completed their fifth string courses at the September 11th Chestnut Ridge meet. In recognition of their accomplishment, they will soon receive "Little Troll" embroidered patches from the U.S.O.F. (Tom Kachelmeyer)

## PERMANENT TRIM (MAP-HIKE) COURSE IN HAMILTON AREA

The Hamilton Kings Foresters Orienteering Club maintains a permanent trim course in the Dundas Valley Conservation Area. The Orienteering Course Kit is available at the Dundas Valley Trail Centre (2 km from Dundas at 650 Governor's Road - Regional Road 399), telephone 416-627-1233. Winter hours: open weekends and holidays 9 to 5 and daily 9 to 5 during good skiing conditions. Dundas is near Ancaster and Hamilton. To reach the Trail Centre: go west from Dundas on Highway 399 Governor's Road. Governor's Road crosses Old Ancaster-Dundas Road a short distance from Highway 8 in Dundas. The kit contains a brochure "Orienteering, Your Sport for Life", a control card and a map, "Resource Management Centre" 1:10,000; 1980. The map is overprinted in violet with 45 circles, numbered 1 - 45. Start areas "A" and "B" are on Artaban Road. Start area "C" is on Old Ancaster Road. There is a parking area at each start location. On the reverse of the map are 45 control descriptions and suggested courses. Contacts are Steve and Barb Pearson, 29 Lionsgate Ave., Hamilton, Ontario, telephone 416-388-8894.

The terrain varies by start location: Hilly and wooded around Area A. Semi-open by Area C. Dense vegetation patches around Area B.

The controls are numbered 1 through 45 with a letter; i.e., 18M. Controls are steel T-shaped posts, sticking out of the ground three feet. The top ten inches of the post is bright red with black number and letter, and the rest is white.

Jeannette, Charlie, and Becky Wightman went on the course in October and found it enjoyable and challenging. The Trail Centre also has restrooms and a snack bar. The cost of the Orienteering Course Kit is \$1.50 Canadian.

### THE LITTLE TROLL PROGRAM EXPANDS

For the last two years the United States Orienteering Federation has been encouraging kids to participate on String-0 courses by offering a Little Troll patch to those who complete five such courses. Now a new scheme has been unveiled that offers similar rewards for kids who are ready to progress beyond the String course onto the White course. The next three levels are called Chipmunk, Rabbit, and Roadrunner. After completing the requirements at each level the boy or girl is eligible to receive a distinctive emblem with a cute critter on it attesting to his or her achievement.

The Chipmunk level is designated for String-0 courses and White courses with a lot of help from an adult. The skills that a Chipmunk should be working on include:

1. Being comfortable in the forest.
2. Recognizing basic symbols (building, trail, road) and colors.
3. Recognizing control codes.
4. Being familiar with meet procedures.

After participating on five String-0 or White courses, the kid earns an emblem.

The Rabbit level is designated for participants on the White course who need some adult assistance. Skills that a Rabbit should be working on are:

1. Knowing most commonly used symbols and colors.
2. Orienting the map by using terrain features.
3. Beginning to consider route choices.
4. Awareness of basic safety rules.

After participating on seven White courses, a Rabbit emblem is earned. When the child is ready to go out on a White course all by himself, he moves up to the final level - Roadrunner!

The Roadrunner level is for participants who can do a White course unassisted. (An adult can follow for safety purposes.) Skills at this level are:

1. Keeping the map oriented during the course.
2. Making route choice decisions.
3. Navigating from path to path.
4. Knowing basic safety rules.

After participating on seven White courses, the kid earns a Roadrunner emblem.

If you were wondering how old a child should be to participate in this program, consider the following advice from Linda Kohn, outgoing chair of the U.S.O.F. Youth Committee:

"Age is not the determining factor, readiness and interest are the most important. Children learn at different rates and interest levels vary greatly. The guidelines ... will give an idea of what skills the child should be working on but are not hard and fast. Some children may need more than five experiences on the Chipmunk level to be ready to move up to the Rabbit, some may need fewer. Again the purpose is to encourage participation."

At the moment, the B.O.C. hasn't had an opportunity to decide whether or not to participate in the program. That decision can be made at the annual meeting early in 1989, in plenty of time for the spring season.

### LETTERS

TO: B.O.C. MEMBERSHIP COMMITTEE  
FROM: MICHAEL GASIEWICZ  
RE: 1988 MEMBERSHIP

Please accept my most sincere and humble apologies (note plural) in my apparent laxness in renewing my individual membership sooner. How could I ever consider such audacity as to allow myself to get myself to the brink of lapsing, as well as the social castigation and public embarrassment now heaped upon me with my red "X" now plastering the front door of the house. Crowds have gathered pointing their fingers,

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shaking their heads, throwing rotten vegetables, etc. Representatives of the media have even attempted to interview my dog with respect to my sanity, any odd habits, strange languages, or any other slanderous information. The dog had no comment. Even ex-President Richard Milhouse Nixon has sent me mail from the "Ex-President's Council on Physical Fitness Against the Opressions of Communism", decrying my pending membership renewal oversight as an act of utterly vicious, immoral, demagogic subterranean slime slugs planted by extraterrestrial bacterium which arrived in this country as amoebae. This letter was looked upon as a hoax.

Regardless, as the enclosed [ed. note: a check] indicates, sign me up. I need the newsletters.

DEAR EDITOR: One possible reason attendance at meets was down [in 1987] is that we are having so many different kinds of meets -- go back to the standard "O" format. Not score or string or whatever -- just plain old vanilla orienteering meets.

-- Bob Kaylor

RESULTS - 6/12/88

Sardinia Forest

ORANGE COURSE

Women

1. Dayle Lavine 145:50  
2. Linda Miklasz 170:15  
Jeannette Wightman DNF

Men

1. John Miklasz 60:52  
2. Tom Wightman 83:14  
3. Bob Tahara 99:06  
4. Charles Wightman 129:50  
5. Al Booth 139:50  
6. Rick Lavine 149:20  
Victor Franco DNF

Group

Bill Miori &  
Jim McGrath DNF

YELLOW COURSE

Women

1. Peggy Kulas 39:30  
2. Anne Sciacchitano 70:26

Group

1. Bill Maciejewski &  
Phil Wolfling 31:20  
2. Michael & Donna 66:15

WHITE COURSE

Women

1. Phyllis Avery 59:00

RESULTS - 9/24/88

Night Meet

LONG COURSE, 4.7 km

1. John Miklasz 51:21  
2. Greg Hyatt 70:18  
3. Phil Wolfling 71:39  
4. William White 73:23  
5. Kathy Bannister 85:33  
6. Charles Wightman 95:57  
Glenn Johnston DNF

SHORT COURSE, 2.0 km

1. Tom Wightman 35:00  
2. Marie Kuipers 38:52  
3. Yahoo Group 45:15  
4. Linda Miklasz 53:35  
5. Becky Wightman 57:26  
6. Linda &  
Nathan Smith 58:04  
Renning & Sterns DNF

RESULTS - 5/14/88

Goat Island

CLUE COURSE

1. Mark Levy 21:15  
2. Greg Hyatt 27:19  
3. John Miklasz 30:15  
4. Linda Miklasz 40:36  
Phil Wolfling DNF

MAP HIKE

Cady Group  
Antonucci Group

RESULTS - 9/11/88

Chestnut Ridge

INTERMEDIATE COURSE

Men

1. Dave Cady 65:00  
2. Charles Wightman 89:40  
Al Booth DNF

Women

1. Kathy Bannister 108:30  
2. Betsy Kozuchowski 129:00  
Jeannette Wightman DNF  
Peggy Kulas DNF  
Phyllis Avery DNF

RUNNERS COURSE

1. Peter Seitz 69:00  
Harry & Lois Belote DNF

NOVICE

Men

1. Joe Masters 55:30  
2. Tom Kachelmeyer 58:40  
3. Bob Kasper 70:00  
4. Bill White 80:00

Women

1. Becky Wightman 59:10  
Sue Kalafut DNF

Group

1. Rick & Toby Cimato 55:00  
2. Bruce & Sue Hanson 61:00  
3. Mark Wolfling &  
Family 82:50  
4. Ed Mitalski &  
Family 133:00  
Karen Renning &  
Bernie Sauer DNF

You are invited to join either the Buffalo Orienteering Club alone or both the B.O.C. and the United States Orienteering Federation. B.O.C. membership brings this newsletter six times a year with information about local O-activities. You also receive discounts at local meets. U.S.O.F. membership includes ten issues of the informative magazine ORIENTEERING NORTH AMERICA and discounts at nationally sanctioned meets. By joining either or both organizations you'll be able to more fully enjoy the sport of orienteering.

BUFFALO ORIENTEERING CLUB MEMBERSHIP APPLICATION

Name \_\_\_\_\_ Check one:  New member,  Renewal.  
 Address \_\_\_\_\_ Fees: \$5 Family, \$3 Individual.  
 \_\_\_\_\_  
 Phone # \_\_\_\_\_ Date \_\_\_\_\_ Make check payable to "Buffalo Orienteering Club" and mail to Barbara Cady, 148 Humboldt Parkway, Buffalo, NY 14214.

UNITED STATES ORIENTEERING FEDERATION MEMBERSHIP APPLICATION

Date \_\_\_\_\_ Year born \_\_\_\_\_ The following membership categories are for members of chartered clubs. (Other categories are available.)  
 Name \_\_\_\_\_ Club name: BUFFALO O.C.  
 Address \_\_\_\_\_  Junior \$2 (18 or under, non-voting, no magazine).  
 \_\_\_\_\_  Student \$6 (21 or under).  
 \_\_\_\_\_  Individual \$15.  
 Home phone \_\_\_\_\_  Family \$20.  
 \_\_\_\_\_  Lifetime \$250.  
 If family membership, list additional persons & year born \_\_\_\_\_  
 Make check payable to U.S.O.F. & mail to PO Box 1444, Forest Park, GA 30051.

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 c/o David R. Cady, Editor  
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