## <u>Orienteering News</u>

From the BUFFALO ORIENTEERING CLUB

Winter 1990

Volume 11, Number 1

#### **CALENDAR**

Mar 25 - Rochester OC "B" Meet at Webster Park, Contact Rick Worner (716) 865-2161.

Mar 31 & Apr 1 - Two Day "A" Meet at West Point, Write Cadet Brian Paxton, P.O. Box 151, USMA, West Point, N.Y. 10997.

Apr 14 & 15 - Two Day "A" Meet, The Intercollegiate Championships Sponsored by The Rochester Orienteering Club, Open to All Orienteers, 1st Day at Letchworth, 2nd Day at Mendon Ponds, Contact Carol Moran, (716) 377-8144.

Apr 22 - Guelph Gators "B" Meet, Arkell Park, Wendy Sewart, (519) 7-11-5652.

Apr 28 - Rochester OC "B" Meet, Two Park Special: Cobbs Hill & Highland Park, Contact Rick Worner (716) 865-2161.

APR 29 - BUFFALO OC "B" MEET AT SARDINIA FOREST, SCORE-O, 2 HOUR LIM-IT, REGISTRATION 11-NOON, START AT NOON, S2 MEMBERS, \$3 NON-MEMBERS, MAP HIKE KITS ALSO AVAILABLE FOR SARDINIA & CHESTNUT RIDGE, MEET DIRECTOR: PHIL WOLFLING (716) 937-9300.

MAY 5 - BUFFALO OC CLINIC AT CHESTNUT RIDGE PARK, A CLINIC FOR BE-GINNERS FROM 9:00 AM TO 12:30 PM, WILL FEATURE DEMONSTRATIONS AND A SAMPLE COURSE, CONTACT DAVE CADY (716) 837-3737.

May 6 - Rochester OC "B" Meet at Camp Cutler, Contact Rick Womer (716) 865-2161.

MAY 19 - BUFFALO OC "B" MEET AT CHESTNUT RIDGE, SCORE-O, 2 HOUR LIM-IT DESIGNED FOR BEGINNERS & HIKERS AS WELL AS ADVANCED COMPETI-TORS, STRING-O, REGISTRATION 11-NOON, START NOON, MEET DIRECTOR: GREG HYATT (716) 839-1605.

May 20 - Rochester OC "B" Meet at Webster Park, Contact Rick Womer (716) 865-2161.

Jun 2 - Rochester OC Picnic & Night-O at Mendon Ponds, Contact Rick Womer 865-2161.

JUN 10 - BUFFALO OC "B" MEET AT CAMP SCHOELLKOPF, 3 COURSES, REGISTRATION 10AM-11AM, FIRST START 11AM, MEET DIRECTOR: ALAR RUUTO-POLD, (716) 874-1197.

Jun 16 - Rochester OC Canoe-O Meet at Buck Pond, Contact Rick Womer (716) 865-2161.

Jul 15 - Rochester OC "B" Meet at Durand Eastman, Contact Rick Womer (716) 865-2161.

JUL 29 - BUFFALO OC PICNIC & TRIVIA FUN-O AT GOAT ISLAND, ACTIVITIES BEGIN AT 11AM, MEET DIRECTORS: EVA RUUTOPOLD (716) 874-1197 & BARBARA CADY (716) 837-3737.

SEP 22 - 3UFFALO OC "B" MEET AT SARDINIA FOREST, 3 COUSES & STRING-O, REGISTRATION 10-11AM, FIRST START 11AM, MEET DIRECTOR: CHARLES WIGHTMAN (716) 652-6299.

OCT 7 - BUFFALO OC "B" MEET AT CHESTNUT RIDGE, 3 COURSES, REGISTRATION 10-11AM, FIRST START 11AM, MEET DIRECTOR: MARK WOLFLING (716) 652-1936.

NOV 10 - TENATIVE BUFFALO OC "NIGHT-O" MEET AT CHESTNUT RIDGE, MEET DIRECTOR: PHIL WOLFLING (716) 937-9300.

### CLUB MEMBERS MAKE U.S. SKI-O TEAM

On January 13 & 14 at Telemark Ski Area in Cable, Wisconsin, Buffalo O.C. members Scott Pleban & Tom Hay competed in the U.S. Ski-O Championships & Team Selection Races.

Scott finished the two-day event in seventh place (5th U.S.) and secured the final automatic selection spot. Tom Hay finished in 8th place and was named a team alternate.

Scott will be traveling to Skelleftea, Sweden to compete in the World Ski-O Championships on February 27 thru March 4. He also will be competing in two additional meets, February 24-25 in Vannas, Sweden and March 8-11 in Falun, Sweden.

Three males and three females automatically qualified at the U.S. Ski-O Championships. Three additional males and one additional female were also selected based upon their performances in this and other meets. Michelle Kuipers of the Rochester O.C. won the women's competition. Carl Fey, who is also from the Rochester area, qualified on the mens team as a voted selection after finishing 9th. With 4 honored competitors, Western New York was wonderfully represented.

You could encourage the efforts of those on the team by sending a donation to the USOF for this Ski-O Team. Official maps from the World Ski-O Championships will be sent to all who give \$25 or more. Mail to USOF, P.O. Box 1444, Forest Park, GA 30051.

### THINKING ABOUT AN "A" MEET THIS YEAR?

If you've been to a few local meets and would like to try at the next level of competition, then what you need is a good "A" meet to attend. You're in luck this year because our neighbors to the east, the Rochester O Club, are hosting a 2-day "A" meet on Easter weekend, April 14 &15.

This meet will serve as the Intercollegiate Championships but don't let that deter you. You don't have to be in college to attend and like all "A" meets there will be courses and classes for all, even beginners. This meet will also debut a map of Letchworth State Park. For information, send a stamped self-addressed envelope to Carol Moran, 125 Church Street West, Fairport, NY 14450.

If Easter weekend is out of the question for you, another popular meet to consider is the West Point Meet on March 31 & April 1. This is the traditional "season opener" in the east and is well attended by enthusiastic but out of shape orienteers (because of the winter lay-off). Being out of shape for this meet is no great handicap because even if you were in top shape the dramatic contours could do you in.

The cadets do a great job of organizing not only the meet but lots of little side treats like dinner and a dance band, O-movies, free T-shirts, and even nondenominational church services early Sunday morning. If you are on a tight budget you can stay in the barracks for free courtesy of Uncle Sam (an experience worth having unless you served in the armed forces in which case you might want to get a metel room). For more information write to Cadet Brian Paxton, P.O. Box 151, USMA, West Point, NY 10997, (914) 938-3189.

### Map Hike '89 Results

The final results are in and we have our winners.

We had 12 entrants on the Sardinia Map Hike from which to draw our winners. First Place: E & A Ruutopold (Compass). Second Place: Jeff Kohlhas (BOC T-Shirt). Third Place: Greg Hyatt (USOF Patch).

We had 18 entrants on the Chestnut Ridge Map Hike. First Place: Phyllis Avery (Compass). Second Place: Susan Ribes (BOC T-Shirt). Third Place: Bill McMurray (USOF Patch). Thanks to all who participated and especially to those who helped set up the courses.

### Just A Reminder!

Please take a moment to clip the membership form from this newsletter and renew your membership in the Buffalo O.C. The best reason to do so is because of the enjoyment you get from taking part in orienteering events. Your membership in the Buffalo O.C. helps to provide the resourses to make maps and organize events. Without your support it just wouldn't be possible.

Please note that if you joined the club for the first time between 9/1/89 and 12/31/89 your membership is valid through 1990.

### MEET RESULTS Sardinia Sept 10, 1989

CONDITIONS: 70 Degrees	, Over-
cast at Start, Finish in Showe	ers
MEET DIRECTOR: Greg H	
ADVANCED, 5.0 km	TIME
MEN	
1.Dave Staszak	53:27
2. Tom Hay	54:17
3. Phillip Wolfling	58:40
4. John Miklasz	58:50
5. Mike Kohlhas	69:17
<ol><li>Charles Wightman</li></ol>	74:45
7. Al Booth	85:10
8. Rich Lavine	87:11
9. Tom Wightman	87:48
10. Vince Stucko	DNF
WOMEN	
1. Kathy Bannister	78:18
2.Dayle Lavine	96:40
3. Elizabeth Kozuchowski	97:18
4. Linda Miklasz	DNF
INTERMEDIATE, 2.8 km	TIME
INDIVIDUALS	
1. Vince Stucko	32:45
2. Jeannette Wightman	48:50
GROUPS	
<ol> <li>Mark &amp; Erica Wolfling</li> </ol>	37:50
2. J/J Kohlhas	38:05
3. Kohlhas Children	68:58
4. Brucato/Freidrich (6 ctrls)	
BEGINNER, 2.2 km	TIME
1. Cavan Group	53:17
2. Dave & Ben Cady	57:15
3. Barbara & Adam Cady	72:40

## Buffalo Orienteering Club Officers

President-Phillip Wolfling, Alden
937-9300
Secretary-David Cady, Buffalo
837-3737
Treasurer-David Staszak, Hamburg
648-7819
At-Large-Tom Kachelmeyer, Williamsville
626-5903
At-Large-Gregory Hyatt, Snyder
839-1605
At-Large-Alar Ruutopold, Kenmore
874-1197
Media Director-Jeannette Wightman,
East Aurora
652-6299

## MEET RESULTS Bicycle O' Meet Chestnut Ridge Oct 7, 1989

CONDITIONS: 55 Degrees, Partly Cloudy & Cool MEET DIRECTOR: Mark Wolfling LONG COURSE, 15.5 km 1. George Nadorff 63:16 2. Charles Wightman 65:49 67:04 3. Mike Kohlhas 4. Tom Wightman 88:36 SHORT COURSE, 10 km 1. Jeff Kohlhas 45:02 2. Paul Ketzer 54:03 3. Ryan Cavan 55:20

### DIRECTIONS TO BUFFALO OC MEET SITES:

Sardinia Forest: South on Rt. 219 to Genessee Road, Turn Left and head East 7.2 miles to Meet Site. Or head south on Rt. 400 to Rt. 16, turn right on Genessee Road and head west 4 miles to Meet Site. Map scale is 1:15,000 (1981).

Chestnut Ridge: South on Rt. 219 to Armor-Duells Road exit. Head east to Rt. 277, turn right. Park is 2 miles ahead. Map scale is 1:10,000 (1985).

Goat Island: Park is in the Niagara River between the American and Canadian Falls. Entrance is from downtown Niagara Falls, NY, USA. After reaching downtown follow signs. Map scale is 1:5,000 (1984).

Camp Schoellkopf: East on Rt. 354, Clinton Street. Make right on Burrough Road, which is 2.5 miles east of Cowlesville. Follow to Camp. Or South on Rt. 400 to Rt. 20A. East to Burrough Road (2.3 miles after entering Wyoming County). Follow to camp. Map scale is 1:15,000 (1981).

### MEET RESULTS Camp Schoellkopf Oct 15, 1989

CONDITIONS: 65 Degrees, Warm & Sunny, Great Fall Colors DIRECTOR: Charles Wightman ADVANCED, 4.7 km, 10 controls **MEN** 1. Alar Ruutopold 51:58 86:10 2. Greg Hyatt 3. John Miklasz 89:12 98:30 4. Al Booth 5. Phil Wolfling 101:30 6. Greg Glose 156:49 7. Dave Maue 160:48 WOMEN 1. Betsy Kozuchowski 159:02 2. Linda Miklasz **DNF** INTERMEDIATE, 3.3 km, 10 controls **MEN** 1. Paul Conley 142:32 WOMEN **DNF** 1. Eva Raudsepp BEGINNERS, 1.9km, 8 controls 1. Team Skull 22:13 2. Marlin Gillette 24:24 44:40 3. Ed Kozuchowski

COMPETITOR'S NOTES: Thanks to Charles and Tom Wightman for great courses and a well run meet. And welcome to new members Alar and Eva Ruutopold.

### MAP HIKES '90

Once again we will be offering Map Hikes at Chestnut Ridge and Sardinia Forest. Map Hike Kits will be available for \$3 each at the Village Green Bookstores, 1089 Niagara Falls Blvd. and 765 Elmwood Ave., at the Great Outdoors, 5071 Transit Road, by mail from Tom Kachelmeyer, 321 N. Ellicott St., Williamsville, N.Y. 14221, or at all B.U.O.C. meets. Great Outdoors offers a 10% discount to club members. Just ask for it.

# MEET RESULTS Night O' Chestnut Ridge Oct 28, 1989

CONDITIONS: 55 Degrees, Cooling, Clear & Very Dark MEET DIRECTOR: Phil Wolfling A COURSE, 5.0 km, 10 controls **MEN** 1. John Miklasz 34:20 2. Alar Ruutopold 35:41 3. Charles Wightman 57:07 **DNF** 4. Al Booth WOMEN 64:19 1. Kathy Bannister 2. C. Beardsley 66:19 3. Betsy Kozuchowski 97:12 B COURSE, 3.3 km, 9 controls 1. Becky Wightman 60:55 2. Mark & Erica Wolfling 68:12 3. Eva Raudsepp & Lisa Yaeger 69:06 4. R. Rennings & J. Sterns 113:20

### U.S. Relay Champs Pratt Falls Park Nov. 11, 1989

BUOC Members Only. M-A CLUB CLASS Buffalo Hilltoppers: 11th, 9th U.S. John Miklasz 48:45 49:48 Alar Ruutopold 42:56 Scott Pleban 141:29 Total Nickel City Striders: 19th, 16th U.S. Phillip Wolfling 67:59 57:58 Pat Quinlan 65:51 Gregory Hyatt 191:48 Total Other members running: MF NOVICE CLASS 46:48 Eva Ruutopold MF MASTER CLUB CLASS Kathy Bannister 68:35

### Orienteering NEWS

Editor-David Cady Layout-Gregory Hyatt & Phillip Wolfling Mailing-Thomas Kachelmeyer You are invited to join either the Buffalo Orienteering Club alone or both the B.O.C. and the United States Orienteering Federation. B.O.C. membership brings this newsletter four times a year with information about local O-activities. You also receive discounts at local meets. U.S.O.F. membership includes ten issues of the informative magazine ORIENTEERING NORTH AMERICA and discounts at nationally sanctioned meets. By joining either or both organizations you'll be able to more fully enjoy the sport of orienteering.

BUFFALO ORIE	NTEERING CLUB MEMBE	RSHIP APPLICATION	
Name		Check One: [ ] New Member [ ] Renewal	
Address		Fees: \$5 Family, \$3 Individual	
Phone #	Date	Make check payable to "Buffalo Orienteering Club" Mail to Barbara Cady, 148 Humboldt Parkway, Buffalo, New York 14214.	
UNITED STATES	ORIENTEERING FEDERA	ATION MEMBERSHIP APPLICATION	
Date	Year Born	The following membership categories are	
l Name			
		for members of chartered clubs. Other categories are available. Club name:	
1		for members of chartered clubs. Other	
1		for members of chartered clubs. Other categories are available. Club name:  BUFFALO O. C.	

ORIENTEERING NEWS c/o David R. Cady, Editor 148 Humboldt Parkway Buffalo, N.Y. 14214