

# QUICK CALENDAR 1991

**BFO** Meet Entry Fees:  
Members: \$2, Non-members: \$3

Meet Date/Start Times	Meet Site	Meet Format	Meet Director
Sunday, April 28 11 a.m.-12:30 p.m.	Chestnut Ridge Park	Regular O' 839-1605	Greg Hyatt
Saturday, May 4 9 a.m. - 12:30 p.m.	Chestnut Ridge Park	Clinic O'	Dave Cady 837-3737
Saturday, May 18 Mass Start 11 a.m. sharp	Sardinia Forest	Score O'	Phil Woffling 937-9300
Sunday, June 16 1 p.m.	Camp Schoelkopf	Regular O' + ?	Charles Wightman 652-6299
Sunday, July 28 10 a.m. - Noon	Goat Island	Picnic & Trivia-O	Eva Ruutopold 874-1197
Sunday, September 8 10:00 a.m.	Sardinia Forest	Regular O'	Alar Ruutopold 874-1197
Sunday, October 6	Chestnut Ridge Park	Score O'	Dave Staszak 648-7819

## OTHER "NEAR" MEETS

Meet Date	Meet Site	Meet Format	Host Club
Sun, March 24:1:30 p.m.	Mendon Ponds	Intro to Orienteering	Rochester OC
Sat, April 6:12-1:30 p.m.	Durand Eastman Park	Regular/ 3 courses	Rochester OC
Sat/Sun, April 6,7	Powissett Peak, MA	2 Day A Meet	New England OC
Sun, April 14: 12-1:30 p.m.	English Road Park Greece	Regular/ 3 courses Beginner Instruction	Rochester OC
Sat/Sun, April 20, 21	Camp Buckner	2 Day A Meet	West PointUSMA
Sat, April 27:1:00 p.m.	Cobbs Hill Prk/ Schl #1	Trivia O Beginner Instruction	Rochester OC
Sat/Sun, April 27, 28	Yankee Springs SP	US Intercollegiate	South Michigan OC
Sat, May 4: 12-1:30 p.m.	Camp Cutler/Naples	Regular/ 3 courses	Rochester OC
Fri, May 17: 6 p.m.	Mendon Ponds	Night O and Picnic	Rochester OC
Sat/Sun, June 29, 30	Brandywine SP French Creek	US Relays/A Meet	Delaware Valley OC

## ELECTION OF OFFICERS

Election for this year's club officers was held during the annual meeting at Dave Cady's house. (See inside for more details) After many campaign promises, hand shaking and baby kissing, last year's officers were re-elected. After all, they did such a great job! A run down of who's who follows:

**President** - Phillip Woffling  
**Secretary** - Dave Cady  
**Treasurer** - Dave Staszak

Member at Large - Greg Hyatt  
Member at Large - Alar Ruutopold  
Member at Large - Scott Pleban  
Media Director - Jeanette Wightman

# BFO Orienteering

# ORIENTEERING...

## THE ADVENTURE SPORT

From the  
Buffalo Orienteering Club



Spring 1991

Volume 12, Number 1





# OF - Symbols

for the control descriptions

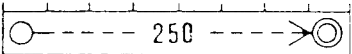
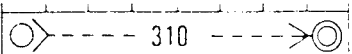
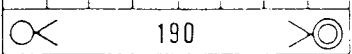
In international orienteering competitions participants from all nations, whatever their language, must be able to understand the control descriptions without ambiguity or the need for translation.

HEADING		I	II	III
Dimensions of symbol boxes		Class	Course Length	Climbing
	7 x 7 mm		5 x 5 mm	
		H17-18A	98	400







  

DESCRIPTIONS OF THE CONTROLS		A	B	C	D	E	F	G	H
A Control number		3	54	→			8x6		
B Control code									
C Which (of any similar) feature									
D The control feature									
E Details of the appearance									
F Dimensions of the feature									
G Location of the marker									
H Other information									










  

MARKED ROUTE TO THE FINISH	
All the route marked from the control	
Forked markings	
No streamers	



  

C Which feature	
01	 Southern
02	 Northeast
03	 Upper
04	 Lower
05	 Middle
06	 Between












## E Appearance

- 7.5  Shallow
- 7.6  Deep
- 7.7  Overgrown
- 7.8  Open
- 7.9  Rocky
- 7.10  Marshy
- 7.11  Sandy
- 7.12  Coniferous
- 7.13  Deciduous
















## F Dimensions

-  5.5 Height in metres
-  7x5 Size in metres








## G Location

- 8.1  North side
- 8.2  Northeast edge
- 8.3  East corner (re-entrant)
- 8.4  Sw-corner
- 8.5  Southern tip
- 8.6  Western part
- 8.7  Upper part (-Head-)
- 8.8  Lower part (-Foot-)
- 8.8  On the top of ---
- 8.9  The southern foot
- 8.9  At the foot (direction not specified)








## D Control features

- 11  Steep bank
- 12  Quarry
- 13  Earth bank, dam
- 14  Terrace
- 15  Spur
- 16  Rib
- 17  Re-entrant
- 18  Gully
- 19  Dry ditch
- 110  Hill
- 111  Knoll
- 112  Saddle
- 113  Depression
- 114  Small depression
- 115  Pit





## Rock and boulders

- 21  Cliff, crag
- 22  Bare rock
- 23  Cave
- 24  Boulder
- 25  Boulder field
- 26  Stony ground
- 27  Cairn pile of stones









## Water and marsh

- 31  Lake
- 32  Pond
- 33  Waterhole
- 34  Stream
- 35  Ditch
- 36  Marsh
- 37  Small marsh
- 38  Firm ground in marsh
- 39  Well
- 310  Spring










## H Other relevant information

- 91  Refreshments
- 92  Radio-Control
- 93  Control Check
- 94  First aid













## Vegetation

- 41  Open land, field
- 42  Semi-open land
- 43  Forest corner
- 44  Clearing
- 45  Thicket
- 46  Felled area
- 47  Vegetation boundary
- 48  Copse







## Man-made features

- 51  Road
- 52  Path
- 53  Narrow ride
- 54  Wall
- 55  Fence
- 56  Footbridge
- 57  Building
- 58  Ruin
- 59  Tower

## Additional Symbols used in certain categories

- 61  Shooting platform
- 62  Fodder rack
- 63  Rock pillar
- 64  Single tree
- 65  Salt lick
- 66  Root stock
- 67  Boundary-stone
- 68  Charcoal burning ground
- 69  Anthill
- 610  Broken ground, fox-earth
- 611  Special items the definitions of which must be supplied to the competitors in advance
- 612  Special items the definitions of which must be supplied to the competitors in advance

## Combinations

- 71  Path-Crossing or Intersection
- 72  Path-Ride-Crossing
- 72  Road-Junction
- 73  Stream-Ditch-Junction
- 73  Stream-Bend
- 74  Dry Ditch End (or Beginning)

# TREASURER'S REPORT

Buffalo Orienteering as of 12/31/90

## ASSETS

Cash and Bank Accounts	
O' CHECKING	844.26
O' SAVINGS	1,381.29
Total Cash and Bank Accounts	2,225.55
<b>TOTAL ASSETS</b>	<b>2,225.55</b>

## LIABILITIES & EQUITY

LIABILITIES	0.00
EQUITY	2,225.55

## INCOME/EXPENSE

### Income

Dues Receipts	196.00
Interest Earned	54.20
Map Hike Receipts	331.00
Meet Receipts	186.00
Misc Map Sales	31.00
T-Shirt Sales	18.00

TOTAL INCOME 816.20

### Expenses

Charter Renewal	292.00
Income Tax	6.00
Map Hike Expenses	55.41
Meet Expenses	24.00
Misc Expenses	204.78
Newsletter	45.64

TOTAL EXPENSES 627.83

**TOTAL INCOME/EXPENSES 188.37**

# TECH

# CORNER

By ALAR

So, you're ready to venture from the local meets to an "A" meet. There's a few things you need to do to prepare for this challenge. At smaller "C" meets, you may be used to having written control descriptions so you might be caught unprepared for the "A" meets; to allow for the participation of competitors from other nations with different languages, a set of control description symbols have been standardized by the International Orienteering Federation. A list of these symbols and their format is included on page 2 of this news-letter. Detach and save this page as a reference.

Here is an example of a full control description sheet used at an "A" meet. Once you've learned what all these mysterious looking symbols mean, you should be able to read this as easily and as quickly as written descriptions.

H	21-E	12.300	270
1	32		
2	36		
3	44		
4	49		
5	54		
6	61		
7	63		
8	64		
9	69		
10	70		

--- 350 ---

Reading from the top left corner, it appears that you are running in the male, 21 and over, elite category. (My, aren't we feeling fit?) The course length is 12.3 (Ugh) kilometers with 270 meters of cumulative climb. (Sounds like fun)

First control, number 32, is not a radioactive marsh, rather it's the east corner of a rocky marsh. Try the other descriptions on your own. Answers are on the back page.

Be prepared to find some of these IOF symbols on the longer courses at our upcoming local meets. Then, we'll see if you've been doing your armchair orienteering.

## MORE NOTES ON THE ANNUAL MEETING

After the exciting election of officers we moved on to selecting the winners for Map Hike '90 from the postcards sent in (results will appear in the next **BfIO** orienteerer). Participants had very favorable comments and suggestions. Member-at-Large Greg Hyatt was overheard saying, "The overall response of this year's hike was better than ever before."

Planning the '91 Map Hike is underway with great excitement! This year, the maps will be printed (instead of doing them by hand) in order to handle the increased volume of demand.

The club hopes to produce a NEW map this year to offer challenging hikes and meets for those orienteers who are becoming very familiar with our usual maps. This summer, Charlie Wightman and Dave Cady will be re-mapping Sardinia Forest to bring it up to date with the many changes that have been made

**WANTED:** Volunteers to help with both projects. No experience necessary. Contact Dave or Charlie.

Do you know how many coins are balanced on the light post over Niagara Falls? If not, you're Phil Wolfing or you didn't make it to the fun yet puzzling TRIVI-O held this past summer on Goat Island in Niagara Falls, New

York. Many brain cells were burnt pondering over old movie trivia, sports trivia and on-site trivia. Afterwards, a picnic was held in the bright sunshine. See the schedule for the date of this year's event then pull out that Trivial Pursuit game so you can wow us all. (P.S. The remark for Phil was just our bit of sour grapes because he was our TRIVI-O champ!)

As you might well have noticed, our news-letter has a new name and a new look. Our

call letters have been officially changed to **BFLO**. And to commemorate this historic moment in Buffalo sports, we are presenting a fresh new redesigned newsletter. We welcome your comments about articles and issues you'd like to see covered in this newsletter. We look forward to seeing you at the meets this year. And...**HAPPY ORIENTEERING!**

## SKI-O RESULTS

February 2, 1991  
3-Valley Campground, Holland, NY  
Temp. 42° F, SUNNY

### OPEN MEN - 10.3 km

1. Mark Tarnopolsky	HKF	49:43
2. Scott Pleban	BfIO	51:30
3. Mike Waddington	HKF	60:40
4. Jim Fawcett	HKF	71:00
5. Jon Sundquist	BfIO	72:39
6. Mike Kohlhas	BfIO	72:54
7. Bert Spaeth	ROC	83:59
8. Tob DeBoer	SOC	99:42
9. Michael Olson	CNYO	111:57
10. Charles Wightman	BfIO	112:57
11. Thomas Wightman	BfIO	119:06

### OPEN WOMEN - 8.9 km

1. Jodi Herald	HKF	96:28
2. Charlene Kelkenberg		118:51
3. Jeanette Wightman	BfIO	(rec)

### SCHOLASTIC MEN - 5.2 km

1. Kurt Spaeth	ROC	50:33
2. Jeff Kohlhas	BfIO	129:55
3. Kris Spaeth	ROC	131:18

### SCHOLASTIC WOMEN

1. Susan Grandjean	CNYO	45:02
2. Lorelei Crane		109:42
3. Mandi Millen		115:00

## JUST A REMINDER

You are invited to join either the Buffalo Orienteering Club alone or both the **Bfio** and the United States Orienteering Federation. To join, please clip the membership forms from this newsletter and forward them with your payment to the addresses indicated.

**Bfio** membership brings this newsletter three times a year with information about local O-activities and discounts at the local meets. Your membership in the **Bfio** helps to provide the resources to make maps and organize events. It also supplies you with hours of enjoyment and challenge from taking part in the events. U.S.O.F. membership includes ten issues of the informative magazine *Orienteering North America* and discounts at nationally sanctioned meets. By joining either or both organizations you'll be able to more fully enjoy the sport of orienteering.

## TECH CORNER ANSWERS:

- Control 36 is in between two knolls and has someone there to check your punch card.
- Control 44 is at a small but deep depression, sized 3 meters by 5 meters. Control is on the western edge.
- Control 49 is in the middle pit measuring 2 m by 2 m.
- Control 54 is in the western overgrown clearing measuring 9 m x 6 m. Control is located in the northwest part with liquid refreshments. Help yourself.
- Control 61 is located at the foot of the upper cliff measuring 3 meters in height.
- Control 63 is located on the lower part of a sandy rib. Control has radio feed to finish ( usually used at relay events to prepare your teammates).
- Control 64 is the northwestern boulder measuring .5 x 2 meters. It's at the southern foot.
- Control 69 is at the top of a shallow re-entrant.
- Control 70 is on the northside of a path and stream crossing.

You've got 350 meters to finish with intermittent flag markings.

## Bfio Club Membership Application

Name _____	Check One: <input type="checkbox"/> New Member <input type="checkbox"/> Renewal
Street _____	
City, State, Zip _____	Fees: <input type="checkbox"/> Family \$5 <input type="checkbox"/> Single \$3
Phone # _____	Make check payable to: "Buffalo Orienteering Club"
Date _____	Mail to: Phil Wolfing 12307 Westwood Road Alden, New York 14004-9611
Additional Family Members _____	

*Please note: If you joined the club for the first time between 9/1/90 and 12/31/90, your membership is valid through 1991. Check the top right hand corner of your newsletter mailing label for a number, if a 90 appears, this is your last issue and your membership has expired.*

## United States Orienteering Federation Membership Application

Date _____	Year Born _____	The following membership categories are for members of chartered clubs. Other categories are available. Club name: <b>Bfio</b>  <input type="checkbox"/> Junior \$5, 18 or under, non-voting, no magazine <input type="checkbox"/> Student \$10, 21 or under <input type="checkbox"/> Individual \$25 <input type="checkbox"/> Family \$30 <input type="checkbox"/> Lifetime \$300
Name _____		
Street _____		
City, State, Zip _____		
Phone # _____		

If family membership, list additional persons and year born

Make check payable to U.S.O.F. & mail to P.O. Box 1444, Forest Park, GA 30051

## Bfio Orienteer

c/o David R. Cady  
148 Humboldt Parkway  
Buffalo, New York 14214