## **QUICK CALENDAR**

WHEN	WHERE	WHAT & WHO
July 19	Mendon Ponds Park Rochester	bike O , Starts 9:30-10:00 Rick Worner 716 865 2161
August 15	Cornell University Ithaca NY	NY Club Relays &Canal call Miriam Palmer for information re:teams
September 12	Highland Forest Fabius NY	Canal Cities Challenge Barb Sleight 315 458 6406
	Durand Eastman Park Rochester	Picnic & Night O Rick Worner RSVP picnic 716 865 2161
September 20	Sardinia Forest 40 min Sth of Buffalo	Canal Cities Challenge Alar Ruutopold
September 27	Powder Mill Park Rochester	Rick Worner 716 865 2161
	St Catherines Ontario	Frank Fohr 416 356 6079
October 3	WORLD CUP, GANARASKA near Oshawa, Ontario	FOREST
October 3-4	Ontario Championships Ganaraska Forest	Frank Jankulak 416 889 2161
October 3	Webster Park Kanatota B Lodge Rochester	Rick Worner 716 865 2161
October 17-18	Green Lakes State Park	Mark Domonie 617 849 3101
	& Pratts Falls S.P., Syracuse NY State Championships	Canal Cities Challenge
October 25	Letchworth State Park Trailside Lodge	Rick Worner 716 865 2161 Canal Cities Challenge
October 31- November1	French Creek State Park Pottstown, Pennsylvania	Tim Walsh 215 446 3255 US Championships
November 14	Orienteering for runners and hikers, Rochester	Rick Worner 716 865 2161



Turkey

Buffalo Orienteering Club

Volume 13, Number 2

#### NYOA VOLUNTEER UPDATE

As many of you may know the United States is hosting the World Orienteering Championships in October 1993. This will be an exciting and challenging task. In addition to the WOC events an orienteering festival will be held for the public during the week which concludes with the United States Championships. This is the schedule as it now stands:

Wednesday, October 6- Set-up for WOC

Thursday, October 7- Set-up for WOC

Friday, October 8 - WOC model event (short distance)
Saturday, October 9- WOC semi-Finals in short distance.

Sunday, October 10 - WOC short distance final.

Monday, October 11 - Public "O" Fest meet on short distance map. Model event for WOC long distance race.

Tuesday, October 12- WOC long distance event.

Wednesday, October 13 - Public "O" fest on long distance map. Model WOC event for relays.

Thursday, October 14- WOC Relays

Friday, October 15 - Public "O" Fest meet on relay map. Saturday, October 16- "O" Fest U.S. Championships day 1 Sunday, October 17 - "O" Fest U.S. Championships day 2

As you can see it will be a busy week. The WOC attracts about 200 competitors and the "O" Fest may have as many as 2000 participants. It will take almost 500 volunteers to run both events. As you may have quessed USOF is going to need your help. Clubs are being assigned specific areas to staff. The New York Orienteering Association has volunteered to take the finish throughout the week. NYOA has 5 active clubs: CYNO, ROC, BOC, KODAK and EMPO. We are counting on about 25-30 people being available throughout the week. We realize that this a major commitment but we feel that NYOA is up to the challenge. Some NYOA members are already working: Linda Kohn (ROC), volunteer services, Bill Jameson (EMPO) "O" Fest Director, Mark Dominie (CYNO) mapping and vetting, and Rick Worner (ROC) Meet Director October 13th.

We know that people have limited vacation time, work obligations and family committments to consider, but we are hopeful that you can be with us for as much of the week as possible. The WOC will be very exciting and "O" Fest is by far the largest meet ever held in the U.S. We need your help to make it a "world class" event.

We can't really promise much more than hard and satisfying work. We are hopeful that workers will receive free accomodations for the week at a place similar to Camp Buckner and that in most cases you will be able to compete each day. Other "perks" such as warm ups suits are being negotiated with sponsors. Monday, October 11 is Columbus Day which may be a holiday for a few of you.

Please indicate the days you will be able to work and return the form to Rick Worner, 874

Edgemere Drive, Rochester, N.Y. 14612 ASAP

<b>*</b> ****	* Name Address	VOLUNTEER :	RESPONSE FORM	_Clu	BFLO
	Telephone	(Day)	(Night)		
1993 WORLD	Days Available:Wednesday, 10/6Thursday, 10/7Friday, 10/8	Saturday, 10/9 Sunday, 10/10 Monday, 1011	Tuesday, 10/12 Wednesday, 10/13 Thursday, 10/14		Friday, 10/15 Saturday, 10/16 Sunday, 10/17
WORLD	COMMENTS:				
		Thanks for your	support and committmen	nt!	

## First Annual NYOA Relay Championships Saturday, August 15, 1992 Cornell University, Ithaca NY

Place:

Cornell Plantations Arboretum

Registration:

9 - 10 am

Mass Start (1st leg):

11am

New 5 color map, 4.5 km2, 1:10000, 5m contours

Teams will consist of 4 people that include at least 4 sex and/or age points. To be eligible for NYOA Relay Champion title, all 4 must be members of the same NYOA club.

Sex points: (female = 2, male = 0) Age points: (-12 = 3, 13-16 = 2, 17-20 = 1, 21-34 = 0, 35-49 = 1, 50-64 = 2, 65- = 3)

White and yellow recreational courses will be available for individuals as well as a String-O.

Relay legs will be approximately 5, 3.5, 5, and 7 km in length. All legs will be approximately orange difficulty. The remaining runners on the 2nd, 3rd, and 4th legs will be mass started at 15, 30, and 45 minutes respectively after the first runner from an NYOA Championship-elegible team finishes the preceding leg.

Individuals will receive Canal Cities Challenge points based on their team's overall finish place. Additionally, the first two teams from each NYOA club will score points for their club toward the Top NYOA Club award.

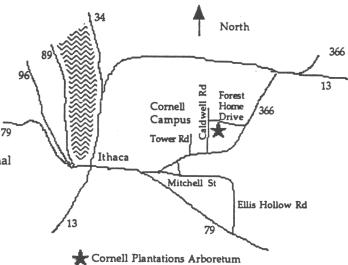
Use the USOF standard Entry form to register. Please note the following:

#4,6-11 do not apply

#5 please give which leg you will run if you know #12 Team name and other runners on your team, if known. Indicate here if you wish to be placed on a team by the registrar.

Relay Entry is \$5.00/person if received by mail or 79 telephone to registrar by 10:00 PM August 19.
Thereafter \$10.00/person. No late fee for recreational courses.

Registrar: Mitch Collinsworth 321 Ringwood Rd. Freeville NY 13068 (607) 539-6625



Virgil Mountain Madness Trail Run MORE INFO...
nearby on Sunday, August 16
McDONALD
Come and make a weekend of it! (607) 273-6722

#### DO OR DIE

The NY State Relays are going to be held in Ithaca an AUGUST 15. With a new reputation as an awesome future force Buffalo hopes to field lots of teams. An eligible team MUST have women &/ or juniors & oldies in it. Courses for each leg will vary to cater for this so no-one will have to run beyond their ability. Don't say you'll let the team down....ORIENTEERING IS ABOUT HAVING FUN NOT WINNING.

HEY- and the day after the relays is the Virgil Mt Marathon. If you are a sucker for punishment why not enter this. Otherwise you are welcome to join Miriam and Eva eating strawberries and drinking wine.....

CALL Miriam 837-5161 about entering, car pooling and just for a good time.

CANALCITIES

## **1992 RESULTS**

Challenge	EMPO 25-26 APR NTER- COLLEG	BRLO 31 MAY CAMP SCHOELL	ROC 7 JUNE POWDER MILL	ANO 18 ANO NYOA RELAY	ONYO 12 SEPT HGH, FOREST	BRLO 20 SEPT SARDINA FOREST	ONYO 17-18 OCT NY CHAMPS	ROC 25 OCT LETCH PARK	TOTAL
F18A Susan Grandjean (CNYO)	20*	20	20						60
Miriam Palmer (BFLO) Eva Ruutopold (BFLO) Laurie Collinsworth (CNYO) Ann Braithwaite (ROC) Kim Brooks (ROC)	20 - 15 20* -	- 20 - -	20 11 15 8 6		٠				40 31 30 28 6
Barbara Dominie (CNYO) Elinor George (EMPO)	20 15	-	-						20 15
Linda Kohn (ROC)	10	20	20						50
Kathy Bannister (ROC) Pege Ann Brooks (ROC)	- 20	20 15	20						40 35
P50A Dayle Lavine (ROC)	-	20	20						40
F55A Barb Sleight (CNYO)	20		٠.						20
<b>P65</b> ▲ Jeanette Wightman (BFLO)	-	_	20						20
M12A Nick Carter (ROC)	20	-	-						20
M14A Stephen Brooks (ROC) Jeff Kolhas (BFLO) Mike Dominie (CNYO) Nate Kuipers (ROC)	20 - I5 -	- 20 - -	20 - - 15						40 20 15
M16A Andrew Landowski (ROC)	20	-	-						20
John Whittington (BFLO) Alar Ruutopold (BFLO) Steve Kreger (ROC) Craig Murray (CNYO) Mitch Collinsworth (CNYO) Mark Dominie (CNYO) Tom Wightman (BFLO) Phil Wolfling (BFLO) Mark Wolfling (BFLO) Eric Smith (CNYO) John Cooley (ROC) Chris Bean (ROC)	15 20 15* 20* 11 15 - - 11	20 15 - - - 11 15 15 -	20 15 11 - 8 - 4 - - 6 5		•,				55 50 26 20 19 15 15 15 15

<b>A</b> 1 11									
Challenge	EMPO 25-26 APR NTER- COLLEG	BFLO 31 MAY CAMP SCHOELL	POC 7 JUNE POWDER MLL	ONYO 18 AUG NYOA RELAY	ONYO 12 SEPT HGH, FOREST	BFLO 20 SEPT SARDINIA FOREST	ONTO 17-18 OCT NY CHAMPS	ROC 25 OCT LETCH PARK	TOTAL
M35A Bill Jameson (EMPO)	15	-	-						15
M40A Hal Carter (ROC) Dick Detwiler (ROC) Mike Kolhas (BFLO) Eric Mayer (ROC)	20 - - -	- 20 I5	- 20 -						20 20 20 15
Rick Womer (ROC) Douglas Brooks (ROC) Tom Moran (ROC) Thomas Lamme (ROC) Charles Bentz (BFLO) Philip Hawkes - Teeter (EMPO) Bob Huebner (ROC) Eric Hamilton (EMPO) Tom Henzler (ROC)	3 20 15 6 - 11 - 8	20 - - 15 11 - -	20 15 15 - - - 11						43 35 30 21 11 11 8 8
Rick Lavine (ROC) Detlef Baur (ROC) Charles Kellog (ROC) Ritchie Thomson (ROC) Richard Rogers (ROC)		20	8 20 15 11 6						28 20 15 11 6
M60A Al Booth (BFLO)	-	20	-						20
M65A Charlie Wightman (BFLO) Karl Kolva (ROC)	20	20	20						40 20

CLUB TO	TALS		
BFLO	352	ROC	634
CNYO	210	<b>EMPO</b>	49
• Van	sity Competitors		

1992 RESULTS

## O IN THE BUFF

CANALCITIES

The US relays were held at Northfield Mt, near Greenfield MA. Buffalo had only one team entered BUT we looked far better than all the others put together in our new team T-shirts. We put in a gutsy effort and came 9th, only 12 minutes behind the winning team. More importantly we came 1 minute ahead of our arch rivals from CNYO the Dominie team!!! Unfortunately, because a couple of our members are aliens we were unofficial - pretty tough considering that they don't even have green skin or antennas sticking out of their heads.

## WORLD CUP.....GANARASKA FOREST

At the New England Championships 10 elite Swedish orienteers entered - and you guessed it, they came 1st-5th in the mens and womens races, blitzing the field.

Apart from it being a rather humbling experience, it was a great opportunity to see some of the worlds best do their stuff in the forest. The Swedes were in the USA preparing for the up coming World Cup events in Ontario and New Hampshire later this year and for the World Championships in New York next year.

If you want to see what elite orienteering is all about, be a spectator at the World Cup Race in Ganaraska Forest near Oshawa, Ontario on October 3. AND you can also run on the WORLD CUP map by entering the two day A meet being held on the same weekend. Take advantage of the weaker Canadian Dollar and participate in some WORLD CLASS orienteering. You wont regret going, but you'll regret not going.

## **WEST POINT 1992**

At the West Point Meet competitors were offered free accommodation at Camp Buckner, West Point Military Academies Summer Camp. In the middle of the night David Cady and his two sons thought that WWIII had begun as the West Point tactical assault team stormed their campsite. To make matters worse, a storm blew in and blew away their tent, forcing the Cadys to take refuge in a nearby hotel. And what did the boys think? "Hey Dad, lets go orienteering more."

The orienteering, by the way, was terrific. The maps used for the 2 day event consisted of lots of brown squiggly lines and little black dots, making both navigation and running quite a challenge. 7 Buffalonians ventured to West Point this year, and I for one will be going back West Point for their next event in Spring 1993.



#### CHESTNUT RIDGE

Score - O April 26, 1992

The weather was cool and a little damp but the sun came out and everyone had a good time. The meet director was Dave Staszak with a max. total points of 280. Great job Greg Hyatt.

#### **INDIVIDUALS**

Greg Hyatt	280
John Miklasz	235
Charlie Wightman	125
Tom Wightman	120
Al Booth	115
Betsy Kozuchowski	100
Dave Nichter	80
Linda Miklasz	75
Fred Gordon	60
J. Wightman	40
Jim Hatem	1

# GROUPS Wood 205 Joe & Brian Roche 90 Phil & Mary Ann 80 The Cady Boys 50 Dulak 50

#### **CAMP SCHOELLKOPF**

May 31, 1992

It drizzled with rain and no one relished the prospect of leaving the comfort of the start shelter. Phil Wolfling, meet organizer, was determined not to let us wimp out. One by one he announced our starts. Nobody regretted this - retrospectively of course. Phil had set a range of courses, all physically challenging, with enbankment climbing, river wadding and forest bashing. It was enough to bring out the Rambo in Eva Ruutopold, Jeff & Mike Kohlhas, Charlie Wightman and John Wittington who all earned a maxium 20 points toward the Canal Cities Challenge by winning their respective age classes.

RED	6.1 km	
John Wittington	52:22	M21
Alar Ruutopold	56:19	M21
Rick Warner	81:18	M45
Linda Kohn	84:30	F45
Mike Kohlhas	91:04	M40
Tom Lamme	98:10	M45
Eva Ruutopold	98:22	F21
Tom Wightman	114:12	M21
Rick Lavine	117:29	M50
Charles Bentz	128:53	M45
Scott & Sue	160:00	
Eric Mayer	170:47	M40
Jon Sundquist	DNF	
Miriam Palmer	DNF	

ORANGE	4.8 km	
Susan Grandjean	63:13	F18
Al Booth	71:43	M60
Dayle Lavine	77:17	P50
Charlie Wightman	81:49	M65
Kathy Bannister	86:15	F40
Pege Brooks	119:16	P45
Fred Gordon	136:30	M45
David Grandjean	149:55	M50
Joe & Brian Roche	159:12	Gtp
David M & Kieth P	161:17	Grp
Justin & Company	162:00	Grp
Jeannette Wightman	DNF	-

3.5 km

Janet Sundquist	76:12
Becky & Jossie	DNF
WHITE	2.6 km
Jeff Kohlhas	45:02
Cady Group	74:49
Edelweiss 14	88:30
Foit & Wong	89:55
Troop 412	94:40
Rose Synor	DNF

YELLOW

#### CHESTNUT RIDGE

Score - O June 20, 1992

At Camp Schoellkopf we thought that the weather could not have been any worse. We were wrong. It could have been as wet as the Chestnut Ridge Meet. Perhaps the club should hold meets in drought stricken areas. Greg Hyatt organized a great meet using a challenging scattering of control sites; What a way to go? What controls can I get?

Alar Ruutopold certainly knew - he visited every control and finished 5 minutes ahead of his nearest rival, John Wittington. Jon Sundquist came in third, but was awarded the flukey bastard awardfor spiking the rather elusive control #62.

All in all everyone had fun and there were no frostbite victims, but then Scott Pleban wasn't there.

MEN		
Alar Ruutopold	91 pts	66 mins
John Wittington	91	71
Jon Sundquist	91	84
Charles Wightman	40	
Tom Wightman	37	
Charles Bemty	25	
Fred Gordon	15	
WOMEN		
Miriam Palmer	69	
Eva Ruutopold	51	
Kathy Bannister	49	
Betsy Kozuchowski	49	
Jeannette Wightman	13	
Janet Sundquist	1	
GROUPS		
Mike & Donna Tasielwicy	29	
Ben, Adam & Dave Cady	24	
McTee & Hurlbest	15	
Troop 230 - Team 4	12	
Troop 230 - Team 3	9	
Denecke & Dyli	8	
Troop 230 - Team 1	7	
Troop 230 - Team 2	4	

#### MAP HIKE '92

Available at the following locations for only \$4.95

Great Outdoors:

5071 Transit Road, Depew 5350 Main Street

Village Green Bookstores:

765 Elmwood Ave, Buffalo Eggert Rd & Sheridan, Amherst 3670 McKinley Pkwy, Blasdel

**Hyatt Graphics:** 

910 Main Street, Buffalo 8565 Main Street, Clarence Also at the Rochester store

#### **BfIO** Club Membership Application Check One: \_\_ \_ New Member Name Renewal Street Fees: Family \$10 Single \$6 City, State, Zip Make check payable to: Phone # "Buffalo Orienteering Club" Mail to: Phil Wolfling Date 12307 Westwood Road Alden, New York 14004-9611 **Additional Family Members** Please note: If you joined the club for the first time between 9/1/91 and 12/31/91, your membership is valid through 1992. Check the top right hand corner of your newsletter mailing label for a number, if a 91 appears, this is your last issue and your membership has expired. United States Orienteering Federation Membership Application The following membership categories are for members of chartered clubs. Other categories Date Year Born are available. Club name: BflO Name Junior \$5, 18 or under non-voting, no magazine Student \$10, 21 of under Street Individual \$25 Fam.y \$30 City, State, Zip Lifetime \$300 Phone # If family membership, list additional persons and year born Make check payable to U.S.O.F. & mail to P.O. Box 1444, Forest Park, GA 30051

## **BfIO**rienteerer

c/o David R. Cady 148 Humboldt Parkway Buffalo, New York 14214

### Just a reminder...

You are invited to join either the Buffalo Orienteering Club alone or both the BffO and the United States Orienteering Federation. To join, please clip the membership forms from this newsletter and forward them with your payment to the addresses indicated.

three times a year with information about local O-activities and discounts at the local meets. Your membership in the BMO helps to provide the resources to make maps and organize events. It also supplies you with hours of enjoyment and challenge from taking part in the events. U.S.O.F. membership includes ten issues of the informative magazine Orienteering North America and discounts at nationally sanctioned meets. By joining either or both organizations you'll be able to more fully enjoy the sport of orienteering.

#### **NEED A RIDE?**

Anyone interested in carpooling (whether you can provide a ride, or need a ride) for out-of-town meets, please contact Alar or Eva Ruutopold 874-1197. This is an excellent opportunity for you to meet neighboring orienteerers, see lots of great terain, and ultimately...get to orienteer at larger A meets all over the east coast. This way you can share expenses and have plenty of company for the longer drives.