

UP AND COMING

The Fall meet schedule includes three meets in Erie County run by BFLO; but we have also included some of the meets of our neighbors. The other orienteering clubs in our vicinity include:

TOC Toronto Orienteering Club
HKF Hamilton Kings Foresters
ROC Rochester Orienteering Club
CNYO Central New York Orienteering
AOK Adirondack Orienteering Club
EMPO Empire Orienteering
HVO Hudson Valley Orienteering
NEOC New England Orienteering Club

If you've been to a few local meets, you might enjoy going to another area to test your skills. It's also a great way to get to know some other parks. The meet this fall in Letchworth State Park would be a great place for a picnic/orienteering day trip.

There are four A meets in the northeast this fall. What is an A meet? A meets are larger meets intended to draw people from farther away. They are officially sanctioned by the United States Orienteering Federation and usually have two days of competition on two different maps. A meets are also great for the non-competitive, as there is a full range of courses, and recreational classes are available. Often childcare is available during the meet for a small fee. Orienteering North America contains a full schedule for the US and Canada, although not all local meets are published there. If you have never been to one, but are interested in what it's all about, give a call to Dave Cady or Jon Sundquist.

HOW TO GROW by Dave Cady

One of the biggest challenges facing orienteering clubs across the country is how to attract and keep new members. Keeping is a subject for another time, but I'd like to offer a suggestion for "attracting".

Publicity is something our club will continue to do, but because of our limited resources we will never be able to mount the kind of publicity campaign that is needed to compete with all of the other leisure activities. We have the added handicap of having to explain a sport that is hard to sum up in a few words.

My suggestion is to pursue a low-tech alternative, and that is simply to bring along a friend. This avenue has lots of advantages. It's cheap and if you invite them they are likely to come. They'll probably trust you that it is a sport worth trying. If you throw in a picnic that raises the chances they will be willing to come. You might even pitch it by saying, "Hey, let's go on a picnic and while we're there...."

Suppose you don't have any friends. Don't laugh, some don't. Then the idea is to pick an acquaintance or even (snicker) someone you'd like to get to know better. It helps to pick someone who jogs or hikes or likes maps. Here the approach is, "If you like (insert activity) you ought to try orienteering."

It may take a few attempts to actually get your friend to a meet. People are busy, but don't give up. If they try it and like it don't forget to follow up and keep them informed and invite them back. If they really didn't like it, that's OK too. At least now they'll have a deeper understanding of what you like to do.

Orienteering can be a place to make friends, but it's a great place to bring friends. We could even consider adopting a new slogan: "Go orienteering and find a friend in the forest."

Think it over. Dave Cady.

Rogaine Report

Several members of BFLO ventured down to Cortland County to take part in the Woodchuck Wander Rogaine. What's a Rogaine you say? A rogaine is basically an orienteering meet on steroids. The map covers a wider area but is less detailed. Controls are easier, but more numerous and farther apart. The time allowed is longer usually ranging from 6 to 24 hours! For safety as well as fun, participants compete in teams of two to four. The atmosphere is festive; camping and pigging out is part of the game. Crazy team names are also part of the fun. Fred Gordon joined forces with some Rochester Orienteers and the Sundquists did their first rogaine as a family. All had fun and would do it again.

BFLO orienteerer

*From the
Buffalo Orienteering Club*

AUGUST 1994

FALL MEET SCHEDULE

DATE	CLUB	LOCATION	INFO
SEP 11	ROC	Powdermill Park Rochester	Start 12:00 - 1:30, Contact Dayle Levine 716-442-6358 for info
SEP 17	ROC	Letchworth State Park	Start 12:00 - 1:30, Contact Kathy Bannister 716-493-2219 for info
SEP 18	BFLO	Erie County Forest Sardinia	Start 11 to 2pm, 3 courses, beg, int, adv, Contact Dave Cady for info at 837-3737
SEP 17-18	NEOC	Princeton, Massachusetts Mt. Wachusett	New England Champs A meet Anne Dentino 508-297-4403
OCT 2-3	USMA	West Point Academy	2-day A meet , Cadet Terrence Buckeye, Army Orienteering, Dept of Geography and Environmental Engineering, West Point,NY 10996
OCT 8	BFLO	Chestnut Ridge Park	Call Greg Hyatt at 839-1605 Start 11 am.
OCT 9	ROC	Webster Park Rochester	Start 12:00 -1:30 PM, call Dave Detwiler for info at 671-2437
OCT 8-9	RAMB	Sutton , Quebec 8 miles north of Vermont	Eastern Canadian Camps John Charlow (514)733-5561
OCT 22	ROC	Black Creek Park Monroe County	East side Parking lot, Start12-1:30 Call Hal Carter 271-6741
OCT 23	BFLO	Chestnut Ridge Park	Start 11 am, Call Dave Staszak 648-7819
OCT 29-30	HVO	South Mtn. Reservation S. Orange, New Jersey	Hudson Valley Northeast Regional Final Call Dave Hodgdon (800)-245-2187 for info
NOV 12	ROC	Mendon Ponds Park	Call Larry Zygo 227-7618
NOV 20	CNYO	Highland Forest	Further info not yet available, Call Dave Cady 837-3737

Local Meet Fees - BFLO Members - \$3.00

Nonmembers - \$5.00

BFLO OFFICERS

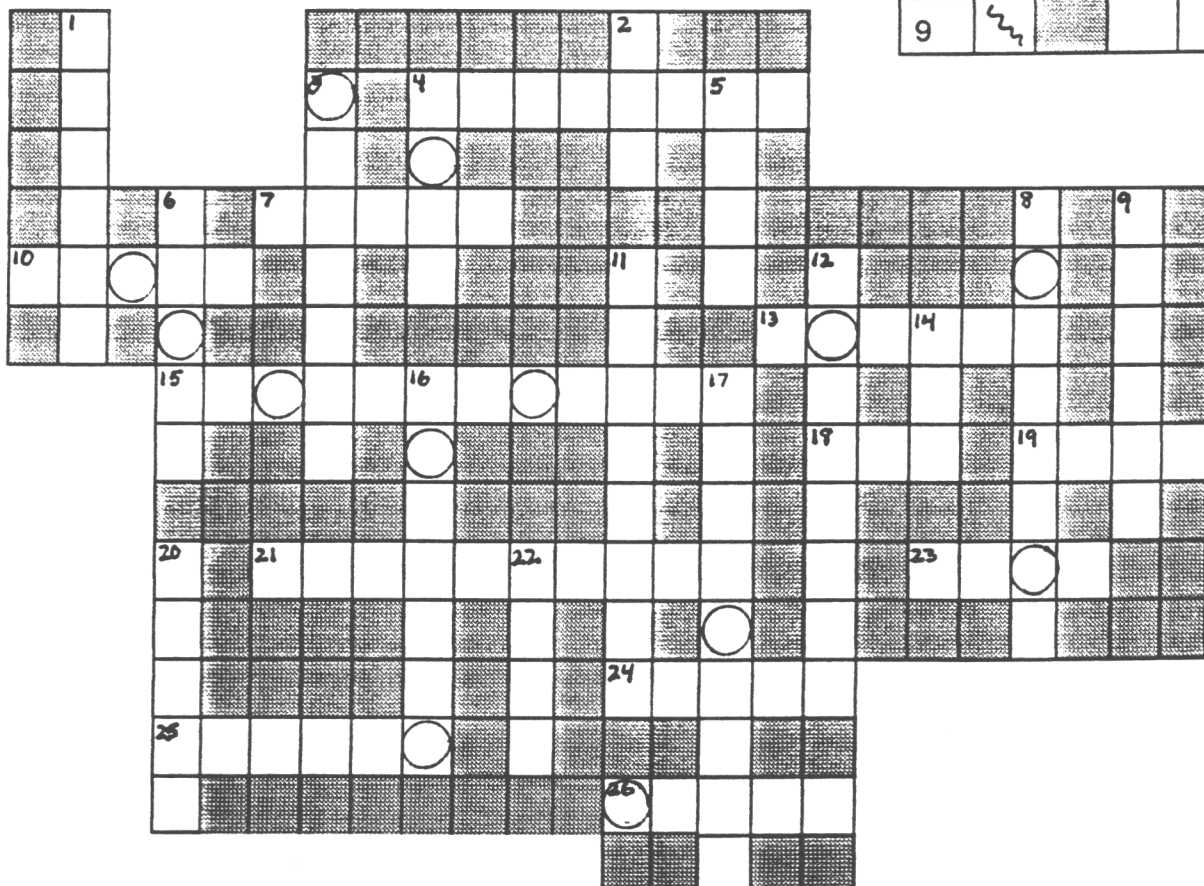
President -	Dave Cady	837 - 3737
Secretary -	Phil Wolfling	832 - 9758
Treasurer -	Dave Staszak	648 - 7819.
Newsletter-	Janet Sundquist	655 - 5130

IOF SYMBOL PUZZLE

If you attend any of the larger meets, you might get a control description sheet that looks like hieroglyphics. Beginners courses are usually written in english, but intermediate and advanced courses use a set of internationally recognized symbols so that people from all over the world can orienteer at each others meets. This is especially important in Europe where orienteering is very popular. The clues for this puzzle are the IOF symbols; fill in the puzzle with the English equivalent. As an extra clue, the circled letters can be combined to spell BFLO ORIENTEER. Good luck! Answer will appear in the next newsletter.

ACROSS					
4			19		
7			21		
10			23		
13			24		
15			25		
18			26		

DOWN					
1			11		
2			12		
3			14		
4			16		
5			17		
6			20		
8			22		
9					



	Time
White Course (2km, 9 controls)	
Bill Jedlicka and Deborah Ogorzaly	32:50
Pam Przbylski	65:50
Thomas Lawrence	111:20
Cindy Brown and Kevin	122:00

Chris Bannister and Joelle Love	87:00
McDonough Family:John,Diane Brandon	89:10
Al Booth	91:10
Charles and Ryan McDonough	DNF
Karl Kolva	DNF
Carolyn Barlow and Tanya Whitmore	DNF

John Miklasz	63:15
Mike Kohlhas	80:40
Doug Brooks	90:45
Rick Lavine	92:20
Charles Bentz	95:20
Fred Gordon	Overtime
Kathy Bannister	DNF
Linda Miklasz	DNF

	Time
White Course [2.4 km, 7 controls]	
Wendy Westphal	31:30
Molly Weilacher	34:20
Keith Weilacher	39:00
Pam Przbylski	54:35

Rick Roll	46:00
Tom Wightman	60:40
Becky Wightman	60:45
Fred Gordon	67:45
Al Booth	68:50
Jim Hatem	82:15
Nicole Brooks	84:00
Jeanette Wightman	118:55
Joan Fatike and Kate Carrier	123:25
Rave Family	128:00
McDonough Family	DNF

Charlie Wightman	156:00
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Name _____
Address _____
Date _____ Year Born _____
Phone _____ Primary Club - BFLO
Category _____ Student \$10, 21 or under
_____ Individual \$25
_____ Family \$30
List other family members and ages on reverse
Make Check Payable to USOF
Mail to : USOF, Box 1444, Forest Park, GA
30051

Name _____
Address _____

Phone _____ Date _____
Additional Family
Members _____
____ New Member _____ Family \$10
____ Renewal _____ Single \$6
Make Check payable to Buffalo Orienteering
Club
Mail to : David Stasak, 4941 Burlbrook
Orchard Park, NY 14127