

FALL FEATURES

After a long hot summer of lazing around the pool or lake with a cold drink, cooler weather may finally be upon us. It's time to head to the woods and think about hiking and Orienteering again. This fall's schedule opens on September 23 with a skills clinic run by Dave Cady at Sardinia Forest detailed inside. This will prepare you for a regular meet at Sardinia on October 7, followed by a meet at Chestnut Ridge on October 15th.

Because we have to copy Chestnut Ridge Maps specifically for the event, it will save us all money if you can let Charlie Wightman know ahead of time if you are planning to attend so he can better estimate how many maps to make. His phone number is 652-6299

Believe it or not, further progress is being made on an updated Chestnut Ridge map. The goal is for a draft of the new map to be ready for the meet so that it can be field tested prior to final printing. Apologies to those waiting for a Chestnut Ridge Map Hike, but drafting the map has proved challenging and people are doing the best they can. Hopefully the experience gleaned from this mapping project will make the Emery Park map faster to produce.

Rochester Orienteering Club also has a full fall schedule. The Letchworth meet in particular is always nice. The map is at the end of the park near the waterfalls and the Glen Iris Inn. If you haven't been there, call so you know where in the park to meet - it is well worth the drive.

MAP HIKE UPDATE

Thanks go out to Fred Gorden who noted control number ten to be missing on the Sardinia Map Hike. It was placed originally for sure, so we don't know how it vanished. It will be replaced by Labor Day. Sorry to Fred and anyone else who was looking in vain.

Buffalo Orienteerer

*From the Buffalo
Orienteering Club*

AUGUST 1995

FALL MEET SCHEDULE

DATE	LOCATION	INFO
SEP 9	Mendon Ponds Park, Rochester	NIGHT-O, Picnic 6pm, start 8pm, Sue Nickoley 624-2870
SEP 16	Powder Mill Park, Rochester	Start 12-1:30, Hal Carter 271-6741
SEP 23	SARDINIA FOREST	Skills Clinic, 10:30am - 3:00 pm Dave Cady 837-3737
SEP 23-24	West Point, NY	2 Day Ameet, Contact Dave Cady for further info 837-3737.
SEP 30	Letchworth State Park	Start 12-1:30, Kay Sheehan 783-8312
OCT 7	SARDINIA FOREST	Start 10:30 - 12:00, 3 courses, Jon Sundquist 655-5130
OCT 8	Black Creek Park, Rochester	Start 12-1:30, 377-5650
OCT 14	Durand Eastman Park, Rochester	Start 12:00-1:30, Rick Worner 865-2161
OCT 15	CHESTNUT RIDGE PARK	Start 10:30-12:00, 3 courses Charlie Wightman 652-6299
OCT 14-15	Andover, Mass.	New England Champs, 2 day A meet. 508-689-0708
OCT 28	Webster Park, Rochester	Start 12:00-1:30, Dayle Levine 442-6358

Local Meet Fees - BFLO Members - \$3.00
Nonmembers - \$5.00

BFLO OFFICERS

President -	Dave Cady	837 - 3737
Secretary -	Phil Wolfling	832 - 9758
Treasurer -	Dave Staszak	648 - 7819
Newsletter-	Janet Sundquist	655 - 5130



ORIENTEERING SKILLS CLINIC

Saturday, September 23, 1995

Sardinia Forest

The purpose of this clinic is to teach the novice orienteer skills that will be needed on intermediate level courses. Pre-requisites for this clinic include having participated on two white (or ..beginner..) courses, or one yellow course, and familiarity with the following:

1. map symbols,
2. how to orient the map using a compass,
3. meet procedures.

Skills to be taught include some or all of the following:

1. pace counting,
2. taking bearings,
3. use of attack points,
4. recognizing collecting features,
5. aiming off,
6. reading contours,
7. understanding symbolic control

descriptions.

The clinic runs from 10:30 am until 3 pm and will be held rain or shine. Participants should come dressed for activity in the woods and should bring a bag lunch. Coolers will be provided.

There is no charge for the clinic but participants must be members of the Buffalo Orienteering Club and must pre-register by 9 pm September 20th. Depending on demand it might be necessary to limit attendance, so early pre-registration is encouraged. For further information or to pre-register call Dave Cady at 837-3737.

Chestnut Ridge Results

June 18 was a warm, Some might say HOT day that brought quite a nice turnout to yet another meet organized by Dave Cady and Family. Thanks Dave! Karin Sundquist made her debut Orienteering appearance but decided against running until she is older.

White course, 3.2 km, 6 controls

- | | | |
|------------------------|---|--------|
| 1. Pam Przybylski | F | 38:00 |
| 2. Wolfling group | G | 46:11 |
| 3. Rave Family | G | 63:26 |
| 4. Butt-Kickers | G | 66:20 |
| 5. Peter Leas & family | G | 69:27 |
| 6. The Trailers | G | 71:37 |
| 7. Conboy group | G | 103:20 |
| 8. Outlaws | G | 110:40 |

Yellow course, 4.5 km, 7 controls

- | | | |
|---------------------------|---|--------|
| 1. Betsy Kozuchowski | F | 58:10 |
| 2. Al Booth | M | 60:43 |
| 3. John McDonough | G | 70:15 |
| 4. Becky Wightman | F | 77:18 |
| 5. Wende Westphal | F | 83:25 |
| 6. Grant Ladue | M | 84:54 |
| 7. Backtrackers | G | 98:38 |
| 8. Beth Mangino | F | 101:20 |
| 9. Team Mangino | G | 105:17 |
| 10. The Ben Team | G | 110:00 |
| 11. Fred & Linda Reehling | G | 110:43 |
| 12. Charles McDonough | G | 132:02 |
| 13. Wayne & Dora Maul | G | 142:37 |
| 14. The Sting | G | dnf |

Red course, 5.7 km, 6 controls

- | | | |
|---------------------|---|--------|
| 1. Jon Sundquist | M | 41:13 |
| 2. Craig Mavis | M | 68:14 |
| 3. Charles Wightman | M | 71:26 |
| 4. Greg Hyatt | M | 74:10 |
| 5. Fred Gordon | M | 84:26 |
| 6. Tom Wightman | M | 92:10 |
| 7. Andy Grupp | M | 103:56 |

The organizer would like to thank all of the people who helped out: Mike Gasiewicz for setting out controls, Greg Hyatt and Katy Carrier at registration and the start, and Barbara Cady for driving the control recovery vehicle.

**United States Orienteering Federation
Application**

Name _____

Address _____

Date _____ Year Born _____

Phone _____ Primary Club - BFLO

Category__ Student \$10, 21 or under

__ Individual \$25

__ Family \$30

List other family members and ages on reverse

Make Check Payable to USOF

Mail to : USOF, Box 1444, Forest Park, GA 30051

BFLO Membership Application

Name _____

Address _____

Phone _____ Date _____

Additional Family

Members _____

__ New Member__ Family \$10

__ Renewal__ Single \$6

Make Check payable to Buffalo Orienteering Club

Mail to : David Staszak, 4941 Burlbrook

Orchard Park, NY 14127

BFLO FAMILY

This summer brought changes to many of our families, some very sad, some pleasant. Apologies to anyone left out.

We are very sad that long time club member Jeannette Wightman passed away in late Spring. She is sorely missed by her extended orienteering family and condolences go out to her immediate family of Charles , Becky and Tom.

This summer brought a bumper crop of babies to the BFLO Club. Karin Sundquist didn't want to wait till fall for her first meet, so she came three weeks early in June. Simon Wolfling arrived later in June and hopes to join big brother Benedict running around as soon as he possibly can. Good Luck to Phil and Mary Anne. Abigail Rave got a new baby brother in July. His name is William and congratulations go out to mom and dad, Adolph and Kris.

The Sundquists hope to check on former Bflo members Alar, Eva and Aanika Ruutopold this fall at the New England Champs. They are reportedly thriving in New Hampshire.

BFLO
Buffalo Orienteering Club
c/o Dave Cady
148 Humboldt Parkway
Buffalo, NY 14214