

# BfLOrienteer

Volume 25, Issue 3

September 2004

## What's Happening

- September 18 — National Orienteering Day Score-O Meet at Holiday Valley
- October 10 — O-Meet at Sardinia Forest.
- October 24 — O-Meet at Emery Park.
- November 6—O-Meet at Chestnut Ridge Park.

For more details see the articles and the calendar on page 3.

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## Fall Features Score-O's

First up is the score-O at Holiday Valley on Saturday, September 18 organized by Jon Sundquist (716-655-5130) on his excellent topographic trail map of the area. This event is a recent addition to the schedule.

Jon will have a 3 hour category and a 90 minute category. Registration will take place at the usual time, 10:30 AM. The mass start will take place at 11:30 AM.

To get to the site head south on route 219 and go through the charming village of Ellicottville. Turn right on Holiday Valley Road and start looking for O-signs. (If you come to the railroad tracks, you've gone too far.) You'll end up going past the ski lodges and turning left to go to the Training Center.

This date is also the annual celebration of National Orienteering Day, so expect special prizes and other hoopla.

The next event, also a score-O, is on Sunday, October 10 at Sardinia Forest. The organizer is veteran Rogainer Rob Maslanka (716-496-0025).

Rob is planning not only two categories of score-O, a two-hour and a one-hour, but also a cross-country (or point-to-point) course for beginners. Registration for this event is from 10 – 11 AM with maps handed out at 11:15 AM and a mass start at Noon. The beginner course will be available for instruction and starts from Noon until 1 PM.

The final two events on the fall schedule feature more traditional formats. See the calendar on page 3 for more information.



*Gary and Rob Maslanka (definitely not rookies) plan their strategy at the CNYO Rogaine on July 17, 2004.*

## Rogaine Rookies

Back in July, my teenage son Adam and I were looking for an adventure. We noticed that CNYO was having their annual Rogaine so we decided to give it a try. We've both done a fair amount of orienteering, but this would be our first 24-hour event and our first as partners.

Being our first Rogaine, we had a lot of concerns about what to expect and how to prepare. I have an inclination to try and get things all figured out in advance, but a Rogaine is such a complex endeavor that you can't get it all figured out ahead of time, especially if it is your first time.

You not only have the challenges of choosing a route and navigating the route, you also have to make choices about footwear, food, water, clothing, rest, sleep, and speed. (The last one was easy – we walked.) You can ask other competitors, but the best way is to start with a plan that won't kill you and then

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# Results and Reports

A week of rain and fog gave way to a sunny afternoon of Orienteering at the Erie County Forest in Sardinia on Saturday, June 19th.

The previous Sunday, the Buffalo News published an extensive article on Orienteering and the club's activities. This brought out many first time participants, many of whom finished the Beginners Course on the north side of the park and immediately signed up for the Intermediate Course. That course and the Advanced were entirely on the south side of the park, the eastern half of which was very soggy.

Six groups competed on the beginner course and were led by the father-son team of Paul & Jeffrey Herendeen.

Twelve competitors on the counter-clockwise Intermediate course were topped by the father and sons team of Mark, Luke and Ryan Wolfing. Second was taken by Alex Sorokine and third by Charles Wightman and Judi Geer. Appropriately enough on Father's Day weekend, the Herendeens and Wolfings were joined by several other Father-Son teams.

The clockwise Advanced Course was conquered by Craig Mavis, with Andy Grupp and Lincoln Blaisdell taking down second and third.

Meet director Greg Hyatt was assisted with registration by Charles Wightman and Judi Geer and with the Beginners Course by Elizabeth Hyatt.

— Greg Hyatt



## Sardinia Forest

June 19, 2004

Meet Directors: Greg Hyatt & Charles Wightman

### Advanced, 11 controls, 6.1 km

1 Craig Mavis	114:00
2 Andy Grupp	143:30
3 Lincoln Blaisdell	168:30
4 Tom Wagar	178:30
5 Tom Wightman	186:20
6 Henry Davis & Steve Lakomy	198:00
7 Mike Taylor	228:30

### Medium, 7 controls, 4.6 km

1 Mark, Luke & Ryan Wolfing	114:30
2 Alex Sorokine	123:30
3 Charles Wightman-Judi Geer	132:00
4 A & A's	143:00
5 Joan Funke-Katy Carrier	152:50
6 The LH Clan	165:20
7 Jeff Scott	167:00
8 Al Booth	169:00
9 East Aurora Blue Devils	214:30
Paul & Jeff Herendeen	DNF
Rebecca Wightman	DNF
The Rangers	DNF

### Orange Course, 3 km

1 Jim Hatem	55:15
2 Rebecca Wightman	58:40
3 Angers, Dan/Laura	90:20
4 B & D Maul	103:00
Matt & Marcia Binda	DNF
Costanzo/Airey	DNF

### White Course, 2 km

1 Kachelmeyer Family	65:00
2 Maslanka/Lugo Family	65:30
3 Levine/Payne Group	85:35
Pam LaDue & Kids	DNF

## Camp Schoellkopf

May 19, 2004

Meet Director: Phil Wolfing

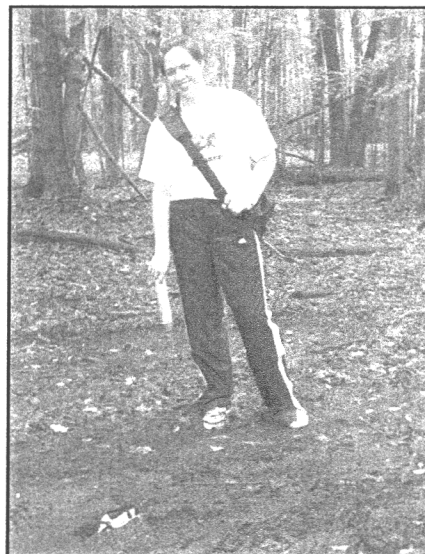
### Advanced, 20 controls, 300 maximum points

1 Gary Maslanka	261
2 Rob Holmes & Simon Cudado	210
3 Lincoln Blaisdell	205
4 Jackie Novkov	199
5 Mike Lance	185
6 Alex Sorokine	156
7 Thomas Wightman	155
8 Grant & Pam LaDue	135
9 Mark & Luke Wolfing	133
10 Charlie Wightman & Judy Geer	125
11 Ed & Matt Lanthier	120
12 Nancy Paluso	75
13 Al Booth	70
14 Jeff & Paul Herendeen	45

### Novice, 8 controls, 2.2 km

1 Walt Witmer	44:50
2 Clayton & Nicolet Brett	59:20
3 Gary & Alex Hyla	68:40
4 Ken & Adam Belote	75:30
5 Roger Keeney	89:10
6 Rick Sweeney, Jacque Ciccone & John Conti	99:50
7 Kameron Holmes & Danica Pecivalova	105:20

Results continued on back page ►



◀ Skeleton found near control A7 on the advanced course. (Sardinia 6/19/04)

Beth Hyatt loses a shoe in the mud while helping lay out the course. (Sardinia 6/19/04) ►

## BUFFALO ORIENTEERING CLUB MEMBERSHIP APPLICATION / RENEWAL

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

email \_\_\_\_\_

Date \_\_\_\_\_

☐

New Member

☐

Family \$15

☐

Renewal

☐

Single \$10

For Family Memberships,  
please list additional family members: \_\_\_\_\_

Make check payable to Buffalo Orienteering Club  
and mail to Dave Cady, 148 West Humboldt Parkway, Buffalo, NY 14214.

### ...Rogaine Rookies, continued

learn from experience. Needless to say, modest expectations at your first event are well advised.

Here were some of the adventure parts. Just before the start the sky got dark and it started thundering. It was only a half hour into the event when it started pouring. "Just a brief shower," we thought. We had rain gear but figured our synthetics would dry out soon after the shower was over. An hour later it was still raining hard.

Then there was the lightning as we faced a route choice across an open field on the top of a hill. Unable to calculate the odds, I decided we should stick to the edge of the forest and take the long way around.

Did I mention the bogs and the swamps? As you are well aware, it's been a wet summer in New York and they were all twice as large as mapped. GoreTex® hiking boots don't help much when the muck and water is up to your knees. In fact they keep the water in when you reach dry land (which there wasn't much of). Gary

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### Buffalo Orienteering Club Contacts

President: Gary Maslanka 632-9095  
Secretary: Phil Wolfling 832-9758  
Treasurer: Mike Gasiewicz 896-8597  
BfOrienteer Editor: Dave Cady 837-3737

Publication Dates for 2004: January, April, September, November. Contact the Editor by email to [dcady@wned.org](mailto:dcady@wned.org) or by regular mail to 148 West Humboldt Parkway, Buffalo, NY 14214.

### Calendar

Entry fees for **BfO** events (listed first) are \$7 for guests and \$5 for members. All are welcome. Events are held rain or shine. Registration starts at 10:30 AM with starts from 11 AM – Noon (exceptions are noted). Informal instruction for beginners is always available. Call the contact person for directions to the site.

Date	Location	Details / Contact
Saturday Sept 18	Holiday Valley	Score-O with 3 hr and 1½ hr categories. Register at 10:30. Mass start at 11:30. Jon Sundquist, 716-655-5130.
Sunday Oct 10	Sardinia Forest	2 hr + 1 hr Score-O + beginner course. Register 10-11 AM. Mass start at Noon. Rob Maslanka, 716-496-0025.
Sunday Oct 24	Emery Park	Regular event with 3 courses. Dave Cady, 837-3737.
Saturday Nov 6	Chestnut Ridge Park	Regular event with 3 courses. Jackie Novkov, 716-875-4550.

#### Events hosted by other clubs

Saturday Sept 11	Letchworth State Park	Rochester O Club. 6-hour mini-rogaïne. 11 am—5 pm. See website (below) for more detail.
Saturday Oct 2	Irondequoit Bay West	Rochester O Club. Start from Noon—2:00 PM. 585-377-5650.
Sunday Oct 17	Oatka Creek Park	Rochester O Club. New area. Start from Noon—2 PM. 585-377-5650.

Tied up on a date when a local event is scheduled? Or are you the type that would rather go off on your own? Then our Map Hike is just for you. Control markers are placed in three Erie County Parks from May 1 to November 30. Map Hike kits are available at all Hyatts-All Things Creative stores, all local events, or directly from Phil Wolfling at 832-9758. The cost is \$5 per kit. Included in each kit is a five color map with 20 control locations marked on it, a map case, a clue sheet, tips for navigating, and a control card to record the codes at each control. The control card can be returned at the end of the season to be entered in a drawing for prizes.

#### Web sites of interest

<b>BfO</b>	<a href="http://www.buffalo-orienteeing.bfn.org">http://www.buffalo-orienteeing.bfn.org</a>
USOF	<a href="http://www.us.orienteeing.org">http://www.us.orienteeing.org</a>
ROC	<a href="http://roc.us.orienteeing.org">http://roc.us.orienteeing.org</a>
CNYO	<a href="http://cnyo.us.orienteeing.org/cnyo">http://cnyo.us.orienteeing.org/cnyo</a>
Ontario	<a href="http://www.orienteeing.on.ca">http://www.orienteeing.on.ca</a>
Adventure Racing	<a href="http://adventureheads.com">http://adventureheads.com</a>

**BUFFALO ORIENTEERING CLUB  
BFLORIENTEER**

c/o David Cady  
148 West Humboldt Parkway  
Buffalo, NY 14214

Phone: 716-837-3737  
Email: dcady@wned.org



*Orienteering is cunning running.*

**Results  
...continued**

**Chestnut Ridge Park**

April 25, 2004

Meet Director: Mike Gasiewicz

**Red Course, 7.3 km**

1 Tom Wagar	82:00
2 Henry Davis	180:00
3 Steve Lakomy	180:00

Gary Maslanka also participated.

**Orange Course, 4.8 km**

1 Lincoln Blaisdell	71:20
2 Mike Lance	80:15
3 Rebecca Wightman	81:45
4 Adolf, Abby, and Willy Rave	84:15
5 Thomas Wightman	94:30
6 Al Booth & Christian Correa	119:30
7 Alex Sorokine	122:50

Fred Gordon, Grant & Pam LaDue,  
Backtrackers also participated.

**White Course, 3.5 km**

1 Dave Grabau	62:05
2 Chris Lomos	62:20
3 Dave Nichols	95:30
4 Jim Tolsma & Dave Gniewecki	108:40

Roger Keeney also participated.

**...Rogaine Rookies, continued**

Maslanka's advice about footwear was "anything that drains well."

Aside from the adventurous parts, there were also many really nice parts, like the excellent map and the unending and delicious food, and the very friendly competitors.

It turned out to be a great adventure. If you have a teenager who is game I would highly recommend it. He or she may have more energy (and have more experience staying up all night) but you'll have more savvy – and you need both.

— Dave Cady

Footnote: In addition to Adam and me, Gary and Rob Maslanka, Jackie Novkov, and Lincoln Blaisdell also attended the Rogaine. Jackie and Lincoln finished 2nd co-ed in the six hour event.

*Did you remember to renew your  
membership in the  
Buffalo Orienteering Club this year?*